



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

**Event 1: 1500m Freestyle, Male, All Ages, HDW Level 2, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	George COOKE (BHMM)	(C)	(92)	[1]	(16:12.32)	16:31.51	-1.9	718
	Lap 1 00:28.02(28.02)	Lap 2 00:58.88(30.86)	Lap 3 01:30.62(31.74)	Lap 4 02:02.63(32.01)	Lap 5 02:34.98(32.35)	Lap 6 03:07.71(32.73)	Lap 7 03:40.41(32.70)	Lap 8 04:13.30(32.89)
	Lap 9 04:46.23(32.93)	Lap 10 05:19.59(33.36)	Lap 11 05:53.03(33.44)	Lap 12 06:26.68(33.65)	Lap 13 07:00.19(33.51)	Lap 14 07:33.92(33.73)	Lap 15 08:07.50(33.58)	Lap 16 08:41.23(33.73)
	Lap 17 09:14.63(33.40)	Lap 18 09:48.44(33.81)	Lap 19 10:22.19(33.75)	Lap 20 10:56.04(33.85)	Lap 21 11:30.05(34.01)	Lap 22 12:03.63(33.58)	Lap 23 12:37.46(33.83)	Lap 24 13:11.16(33.70)
	Lap 25 13:44.87(33.71)	Lap 26 14:18.53(33.66)	Lap 27 14:52.13(33.60)	Lap 28 15:25.96(33.83)	Lap 29 15:59.49(33.53)	End 16:31.51(32.02)		
2	Adam TRUSSLER (COLA)	(C)	(92)	[2]	(17:07.08)	17:29.27	-2.1	616
	Lap 1 00:30.54(30.54)	Lap 2 01:03.84(33.30)	Lap 3 01:37.88(34.04)	Lap 4 02:11.97(34.09)	Lap 5 02:46.28(34.31)	Lap 6 03:20.73(34.45)	Lap 7 03:55.43(34.70)	Lap 8 04:30.35(34.92)
	Lap 9 05:05.94(35.59)	Lap 10 05:41.26(35.32)	Lap 11 06:16.53(35.27)	Lap 12 06:51.89(35.36)	Lap 13 07:27.48(35.59)	Lap 14 08:03.25(35.77)	Lap 15 08:39.12(35.87)	Lap 16 09:14.53(35.41)
	Lap 17 09:50.25(35.72)	Lap 18 10:25.85(35.60)	Lap 19 11:01.10(35.25)	Lap 20 11:36.60(35.50)	Lap 21 12:12.10(35.50)	Lap 22 12:47.75(35.65)	Lap 23 13:23.43(35.68)	Lap 24 13:58.66(35.23)
	Lap 25 14:34.09(35.43)	Lap 26 15:09.22(35.13)	Lap 27 15:44.38(35.16)	Lap 28 16:19.98(35.60)	Lap 29 16:55.13(35.15)	End 17:29.27(34.14)		
3	Reuben REED (BOSA)	(C)	(96)	[4]	(17:54.83)	17:41.29	1.2	597 (597)
	Lap 1 00:30.88(30.88)	Lap 2 01:04.48(33.60)	Lap 3 01:39.53(35.05)	Lap 4 02:14.75(35.22)	Lap 5 02:49.96(35.21)	Lap 6 03:25.40(35.44)	Lap 7 04:01.28(35.88)	Lap 8 04:36.58(35.30)
	Lap 9 05:12.44(35.86)	Lap 10 05:48.24(35.80)	Lap 11 06:23.82(35.58)	Lap 12 06:59.58(35.76)	Lap 13 07:35.22(35.64)	Lap 14 08:10.85(35.63)	Lap 15 08:46.35(35.50)	Lap 16 09:21.97(35.62)
	Lap 17 09:57.91(35.94)	Lap 18 10:33.41(35.50)	Lap 19 11:09.40(35.99)	Lap 20 11:44.95(35.55)	Lap 21 12:20.55(35.60)	Lap 22 12:56.36(35.81)	Lap 23 13:32.15(35.79)	Lap 24 14:07.89(35.74)
	Lap 25 14:43.85(35.96)	Lap 26 15:19.63(35.78)	Lap 27 15:55.58(35.95)	Lap 28 16:31.34(35.76)	Lap 29 17:06.96(35.62)	End 17:41.29(34.33)		
4	Daniel EDDIES (WYRM)	(C)	(92)	[5]	(18:19.76)	18:13.08	0.6	548
	Lap 1 00:31.74(31.74)	Lap 2 01:07.04(35.30)	Lap 3 01:42.97(35.93)	Lap 4 02:18.90(35.93)	Lap 5 02:54.87(35.97)	Lap 6 03:31.10(36.23)	Lap 7 04:07.04(35.94)	Lap 8 04:42.94(35.90)
	Lap 9 05:18.98(36.04)	Lap 10 05:55.45(36.47)	Lap 11 06:32.07(36.62)	Lap 12 07:08.90(36.83)	Lap 13 07:45.78(36.88)	Lap 14 08:22.94(37.16)	Lap 15 08:59.92(36.98)	Lap 16 09:36.75(36.83)
	Lap 17 10:14.02(37.27)	Lap 18 10:51.32(37.30)	Lap 19 11:28.50(37.18)	Lap 20 12:06.16(37.66)	Lap 21 12:43.47(37.31)	Lap 22 13:20.89(37.42)	Lap 23 13:58.35(37.46)	Lap 24 14:35.70(37.35)
	Lap 25 15:12.62(36.92)	Lap 26 15:50.39(37.77)	Lap 27 16:27.56(37.17)	Lap 28 17:04.37(36.81)	Lap 29 17:39.52(35.15)	End 18:13.08(33.56)		
5	Michael ADAIR (WORM)	(C)	(96)	[6]	(18:21.31)	18:15.77	0.5	544 (544)
	Lap 1 00:31.65(31.65)	Lap 2 01:06.70(35.05)	Lap 3 01:42.96(36.26)	Lap 4 02:19.96(37.00)	Lap 5 02:56.80(36.84)	Lap 6 03:33.16(36.36)	Lap 7 04:09.80(36.64)	Lap 8 04:46.69(36.89)
	Lap 9 05:23.20(36.51)	Lap 10 06:00.13(36.93)	Lap 11 06:36.96(36.83)	Lap 12 07:13.59(36.63)	Lap 13 07:50.25(36.66)	Lap 14 08:27.08(36.83)	Lap 15 09:04.23(37.15)	Lap 16 09:40.44(36.21)
	Lap 17 10:17.17(36.73)	Lap 18 10:54.90(37.73)	Lap 19 11:30.73(35.83)	Lap 20 12:07.87(37.14)	Lap 21 12:44.81(36.94)	Lap 22 13:21.47(36.66)	Lap 23 13:58.06(36.59)	Lap 24 14:35.57(37.51)
	Lap 25 15:12.74(37.17)	Lap 26 15:50.18(37.44)	Lap 27 16:27.16(36.98)	Lap 28 17:04.32(37.16)	Lap 29 17:40.70(36.38)	End 18:15.77(35.07)		
6	Steven EDDIES (WYRM)	(C)	(90)	[7]	(18:40.84)	18:20.35	1.8	538
	Lap 1 00:31.55(31.55)	Lap 2 01:07.08(35.53)	Lap 3 01:43.80(36.72)	Lap 4 02:20.45(36.65)	Lap 5 02:56.80(36.35)	Lap 6 03:32.89(36.09)	Lap 7 04:08.64(35.75)	Lap 8 04:44.70(36.06)
	Lap 9 05:20.81(36.11)	Lap 10 05:57.05(36.24)	Lap 11 06:33.47(36.42)	Lap 12 07:09.82(36.35)	Lap 13 07:45.85(36.03)	Lap 14 08:22.12(36.27)	Lap 15 08:59.34(37.22)	Lap 16 09:35.39(36.05)
	Lap 17 10:12.61(37.22)	Lap 18 10:49.74(37.13)	Lap 19 11:26.33(36.59)	Lap 20 12:04.69(38.36)	Lap 21 12:41.16(36.47)	Lap 22 13:18.35(37.19)	Lap 23 13:56.54(38.19)	Lap 24 14:34.50(37.96)
	Lap 25 15:12.07(37.57)	Lap 26 15:49.67(37.60)	Lap 27 16:28.46(38.79)	Lap 28 17:06.32(37.86)	Lap 29 17:44.76(38.44)	End 18:20.35(35.59)		



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

7 Charles PAYNE (BHMM)	(B)	(97) [8]	(18:59.89)	18:32.33	2.4	521 (521)
Lap 1 00:32.80(32.80)	Lap 2 01:08.83(36.03)	Lap 3 01:45.33(36.50)	Lap 4 02:21.84(36.51)	Lap 5 02:58.57(36.73)	Lap 6 03:35.75(37.18)	Lap 7 04:12.35(36.60)
Lap 9 05:25.90(36.60)	Lap 10 06:02.91(37.01)	Lap 11 06:40.26(37.35)	Lap 12 07:17.78(37.52)	Lap 13 07:55.48(37.70)	Lap 14 08:32.90(37.42)	Lap 15 09:10.16(37.26)
Lap 17 10:24.92(37.83)	Lap 18 11:02.46(37.54)	Lap 19 11:40.25(37.79)	Lap 20 12:17.58(37.33)	Lap 21 12:55.00(37.42)	Lap 22 13:32.84(37.84)	Lap 23 14:10.13(37.29)
Lap 25 15:25.57(37.39)	Lap 26 16:03.21(37.64)	Lap 27 16:40.76(37.55)	Lap 28 17:18.97(38.21)	Lap 29 17:55.95(36.98)	End 18:32.33(36.38)	
8 Aaron KIRCHIN-BROWN (WOWN)	(B)	(97) [9]	(20:21.24)	18:37.97	8.4	513 (513)
Lap 1 00:32.93(32.93)	Lap 2 01:09.28(36.35)	Lap 3 01:46.46(37.18)	Lap 4 02:23.43(36.97)	Lap 5 03:00.55(37.12)	Lap 6 03:37.76(37.21)	Lap 7 04:14.58(36.82)
Lap 9 05:28.96(37.38)	Lap 10 06:06.25(37.29)	Lap 11 06:43.51(37.26)	Lap 12 07:21.33(37.82)	Lap 13 07:58.52(37.19)	Lap 14 08:35.86(37.34)	Lap 15 09:13.52(37.66)
Lap 17 10:28.05(37.63)	Lap 18 11:06.24(38.19)	Lap 19 11:43.92(37.68)	Lap 20 12:21.92(38.00)	Lap 21 13:00.09(38.17)	Lap 22 13:37.95(37.86)	Lap 23 14:15.64(37.69)
Lap 25 15:31.83(38.28)	Lap 26 16:09.19(37.36)	Lap 27 16:47.31(38.12)	Lap 28 17:24.80(37.49)	Lap 29 18:01.77(36.97)	End 18:37.97(36.20)	
9 Bradley HINBEST (CREN)	(B)	(97) [12]	(21:56.18)	20:01.26	8.7	411 (411)
Lap 1 00:34.28(34.28)	Lap 2 01:12.45(38.17)	Lap 3 01:51.47(39.02)	Lap 4 02:30.88(39.41)	Lap 5 03:10.81(39.93)	Lap 6 03:50.75(39.94)	Lap 7 04:30.86(40.11)
Lap 9 05:49.15(40.22)	Lap 10 06:29.12(39.97)	Lap 11 07:10.01(40.89)	Lap 12 07:50.19(40.18)	Lap 13 08:29.83(39.64)	Lap 14 09:10.27(40.44)	Lap 15 09:50.53(40.26)
Lap 17 11:12.28(40.38)	Lap 18 11:52.05(39.77)	Lap 19 12:33.65(41.60)	Lap 20 13:14.39(40.74)	Lap 21 13:56.12(41.73)	Lap 22 14:37.27(41.15)	Lap 23 15:20.00(42.73)
Lap 25 16:42.06(40.37)	Lap 26 17:22.58(40.52)	Lap 27 18:03.42(40.84)	Lap 28 18:43.48(40.06)	Lap 29 19:24.06(40.58)	End 20:01.26(37.20)	
10 David BROADBENT (NUNM)	(B)	(98) [11]	(21:02.37)	20:18.24	3.4	393 (393)
Lap 1 00:34.47(34.47)	Lap 2 01:13.30(38.83)	Lap 3 01:53.21(39.91)	Lap 4 02:33.07(39.86)	Lap 5 03:14.09(41.02)	Lap 6 03:54.90(40.81)	Lap 7 04:35.85(40.95)
Lap 9 05:57.84(41.01)	Lap 10 06:38.61(40.77)	Lap 11 07:20.22(41.61)	Lap 12 08:01.22(41.00)	Lap 13 08:41.99(40.77)	Lap 14 09:23.32(41.33)	Lap 15 10:03.20(39.88)
Lap 17 11:24.11(40.75)	Lap 18 12:04.54(40.43)	Lap 19 12:45.70(41.16)	Lap 20 13:27.39(41.69)	Lap 21 14:09.38(41.99)	Lap 22 14:51.56(42.18)	Lap 23 15:32.82(41.26)
Lap 25 16:55.80(41.74)	Lap 26 17:37.20(41.40)	Lap 27 18:18.26(41.06)	Lap 28 18:59.65(41.39)	Lap 29 19:40.86(41.21)	End 20:18.24(37.38)	
11 John CRAWFORD (CHRN)	(C)	(97) [10]	(20:58.88)	20:38.03	1.6	373 (373)
12 Thomas STACEY (NUNM)	(A)	(99) [13]	(25:32.00)	24:21.87	4.5	206 (235)
Lap 1 00:41.45(41.45)	Lap 2 01:27.93(46.48)	Lap 3 02:16.23(48.30)	Lap 4 03:04.51(48.28)	Lap 5 03:53.24(48.73)	Lap 6 04:42.70(49.46)	Lap 7 05:31.82(49.12)
Lap 9 07:10.38(48.99)	Lap 10 08:00.47(50.09)	Lap 11 08:50.02(49.55)	Lap 12 09:38.65(48.63)	Lap 13 10:27.77(49.12)	Lap 14 11:16.48(48.71)	Lap 15 12:05.04(48.56)
Lap 17 13:43.78(50.22)	Lap 18 14:32.75(48.97)	Lap 19 15:22.40(49.65)	Lap 20 16:11.94(49.54)	Lap 21 17:00.92(48.98)	Lap 22 17:50.29(49.37)	Lap 23 18:41.72(51.43)
Lap 25 20:22.53(50.78)	Lap 26 21:12.03(49.50)	Lap 27 22:02.37(50.34)	Lap 28 22:51.93(49.56)	Lap 29 23:40.40(48.47)	End 24:21.87(41.47)	



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

**Event 2: 1500m Freestyle, Male, All Ages, HDW Level 3, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	Dale STROYDE (HAHM)	(C)	(94)	[1]	(19:43.37)	19:28.68	1.2	448
	Lap 1 00:33.40(33.40)	Lap 2 01:11.76(38.36)	Lap 3 01:49.80(38.04)	Lap 4 02:29.35(39.55)				
	Lap 5 03:07.68(38.33)	Lap 6 03:46.21(38.53)	Lap 7 04:26.49(40.28)	Lap 8 05:04.68(38.19)				
	Lap 9 05:44.60(39.92)	Lap 10 06:24.74(40.14)	Lap 11 07:04.04(39.30)	Lap 12 07:44.02(39.98)				
	Lap 13 08:23.77(39.75)	Lap 14 09:02.66(38.89)	Lap 15 09:42.09(39.43)	Lap 16 10:20.41(38.32)				
	Lap 17 11:00.09(39.68)	Lap 18 11:39.73(39.64)	Lap 19 12:19.72(39.99)	Lap 20 13:00.67(40.95)				
	Lap 21 13:41.13(40.46)	Lap 22 14:21.04(39.91)	Lap 23 14:59.97(38.93)	Lap 24 15:39.04(39.07)				
	Lap 25 16:19.31(40.27)	Lap 26 16:58.89(39.58)	Lap 27 17:36.83(37.94)	Lap 28 18:14.42(37.59)				
	Lap 29 18:53.29(38.87)	End 19:28.68(35.39)						
2	Matthew EVANS (CHSM)	(B)	(97)	[3]	(23:20.00)	19:35.82	16.0	440 (440)
	Lap 1 00:33.52(33.52)	Lap 2 01:10.99(37.47)	Lap 3 01:49.61(38.62)	Lap 4 02:28.44(38.83)				
	Lap 5 03:07.53(39.09)	Lap 6 03:46.51(38.98)	Lap 7 04:26.00(39.49)	Lap 8 05:05.28(39.28)				
	Lap 9 05:44.02(38.74)	Lap 10 06:24.00(39.98)	Lap 11 07:03.61(39.61)	Lap 12 07:42.88(39.27)				
	Lap 13 08:22.75(39.87)	Lap 14 09:02.40(39.65)	Lap 15 09:42.01(39.61)	Lap 16 10:21.29(39.28)				
	Lap 17 11:00.79(39.50)	Lap 18 11:40.60(39.81)	Lap 19 12:20.68(40.08)	Lap 20 13:00.36(39.68)				
	Lap 21 13:40.38(40.02)	Lap 22 14:20.67(40.29)	Lap 23 15:00.20(39.53)	Lap 24 15:40.21(40.01)				
	Lap 25 16:19.77(39.56)	Lap 26 17:00.05(40.28)	Lap 27 17:39.88(39.83)	Lap 28 18:18.76(38.88)				
	Lap 29 18:58.14(39.38)	End 19:35.82(37.68)						
3	Andrew GOULD (SHEE)	(C)	(95)	[2]	(23:01.00)	21:43.05	5.6	314
	Lap 1 00:35.91(35.91)	Lap 2 01:14.57(38.66)	Lap 3 01:55.32(40.75)	Lap 4 02:37.51(42.19)				
	Lap 5 03:20.42(42.91)	Lap 6 04:04.25(43.83)	Lap 7 04:47.60(43.35)	Lap 8 05:30.79(43.19)				
	Lap 9 06:14.27(43.48)	Lap 10 06:57.71(43.44)	Lap 11 07:41.26(43.55)	Lap 12 08:25.59(44.33)				
	Lap 13 09:09.84(44.25)	Lap 14 09:53.75(43.91)	Lap 15 10:37.89(44.14)	Lap 16 11:22.23(44.34)				
	Lap 17 12:06.95(44.72)	Lap 18 12:51.58(44.63)	Lap 19 13:36.38(44.80)	Lap 20 14:20.95(44.57)				
	Lap 21 15:06.23(45.28)	Lap 22 15:51.10(44.87)	Lap 23 16:35.31(44.21)	Lap 24 17:19.76(44.45)				
	Lap 25 18:04.81(45.05)	Lap 26 18:48.93(44.12)	Lap 27 19:33.03(44.10)	Lap 28 20:18.40(45.37)				
	Lap 29 21:01.59(43.19)	End 21:43.05(41.46)						

**Event 3: 1500m Freestyle, Female, All Ages, HDW Level 2, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	Aimee HARVEY (WOWN)	(C)	(95)	[2]	(18:30.25)	18:02.71	2.4	721
	Lap 1 00:32.87(32.87)	Lap 2 01:08.50(35.63)	Lap 3 01:44.44(35.94)	Lap 4 02:20.37(35.93)				
	Lap 5 02:56.52(36.15)	Lap 6 03:32.36(35.84)	Lap 7 04:08.08(35.72)	Lap 8 04:44.10(36.02)				
	Lap 9 05:20.38(36.28)	Lap 10 05:56.64(36.26)	Lap 11 06:32.64(36.00)	Lap 12 07:08.30(35.66)				
	Lap 13 07:44.68(36.38)	Lap 14 08:20.60(35.92)	Lap 15 08:57.20(36.60)	Lap 16 09:33.51(36.31)				
	Lap 17 10:10.08(36.57)	Lap 18 10:46.91(36.83)	Lap 19 11:22.92(36.01)	Lap 20 11:59.39(36.47)				
	Lap 21 12:35.85(36.46)	Lap 22 13:12.31(36.46)	Lap 23 13:48.93(36.62)	Lap 24 14:25.42(36.49)				
	Lap 25 15:02.01(36.59)	Lap 26 15:38.70(36.69)	Lap 27 16:15.29(36.59)	Lap 28 16:52.21(36.92)				
	Lap 29 17:28.56(36.35)	End 18:02.71(34.15)						
2	Charlotte CHESHIRE (COVM)	(C)	(92)	[1]	(18:24.20)	18:12.19	1.0	705
	Lap 1 00:32.57(32.57)	Lap 2 01:08.15(35.58)	Lap 3 01:44.27(36.12)	Lap 4 02:20.03(35.76)				
	Lap 5 02:55.73(35.70)	Lap 6 03:31.69(35.96)	Lap 7 04:07.94(36.25)	Lap 8 04:44.40(36.46)				
	Lap 9 05:20.50(36.10)	Lap 10 05:57.13(36.63)	Lap 11 06:34.31(37.18)	Lap 12 07:12.04(37.73)				
	Lap 13 07:48.06(36.02)	Lap 14 08:25.20(37.14)	Lap 15 09:02.04(36.84)	Lap 16 09:38.41(36.37)				
	Lap 17 10:14.47(36.06)	Lap 18 10:51.26(36.79)	Lap 19 11:27.53(36.27)	Lap 20 12:04.34(36.81)				
	Lap 21 12:40.82(36.48)	Lap 22 13:17.53(36.71)	Lap 23 13:54.54(37.01)	Lap 24 14:31.52(36.98)				
	Lap 25 15:09.32(37.80)	Lap 26 15:46.63(37.31)	Lap 27 16:24.06(37.43)	Lap 28 17:00.97(36.91)				
	Lap 29 17:37.86(36.89)	End 18:12.19(34.33)						
3	Stephanie SHILTON (NUNM)	(C)	(96)	[6]	(19:30.98)	18:52.32	3.3	639 (643)
	Lap 1 00:32.69(32.69)	Lap 2 01:09.48(36.79)	Lap 3 01:46.73(37.25)	Lap 4 02:23.73(37.00)				
	Lap 5 03:00.95(37.22)	Lap 6 03:38.09(37.14)	Lap 7 04:15.26(37.17)	Lap 8 04:52.41(37.15)				
	Lap 9 05:29.40(36.99)	Lap 10 06:07.31(37.91)	Lap 11 06:45.32(38.01)	Lap 12 07:23.23(37.91)				
	Lap 13 08:01.64(38.41)	Lap 14 08:39.98(38.34)	Lap 15 09:18.74(38.76)	Lap 16 09:57.05(38.31)				
	Lap 17 10:35.28(38.23)	Lap 18 11:13.37(38.09)	Lap 19 11:51.99(38.62)	Lap 20 12:30.46(38.47)				



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

Lap 21	13:08.60(38.14)	Lap 22	13:47.56(38.96)	Lap 23	14:27.30(39.74)	Lap 24	15:05.72(38.42)
Lap 25	15:44.47(38.75)	Lap 26	16:23.40(38.93)	Lap 27	17:01.00(37.60)	Lap 28	17:39.17(38.17)
Lap 29	18:16.63(37.46)	End	18:52.32(35.69)				
4 Michelle TODD (COVM)	(C) (96) [5]	(19:17.00)	19:09.07	0.6	614 (618)		
Lap 1	00:33.74(33.74)	Lap 2	01:10.97(37.23)	Lap 3	01:48.68(37.71)	Lap 4	02:26.65(37.97)
Lap 5	03:04.80(38.15)	Lap 6	03:43.06(38.26)	Lap 7	04:21.54(38.48)	Lap 8	05:00.16(38.62)
Lap 9	05:38.65(38.49)	Lap 10	06:17.44(38.79)	Lap 11	06:56.40(38.96)	Lap 12	07:35.24(38.84)
Lap 13	08:13.87(38.63)	Lap 14	08:52.46(38.59)	Lap 15	09:31.06(38.60)	Lap 16	10:09.70(38.64)
Lap 17	10:48.33(38.63)	Lap 18	11:27.08(38.75)	Lap 19	12:05.64(38.56)	Lap 20	12:44.15(38.51)
Lap 21	13:22.75(38.60)	Lap 22	14:01.42(38.67)	Lap 23	14:39.79(38.37)	Lap 24	15:18.43(38.64)
Lap 25	15:57.17(38.74)	Lap 26	16:35.77(38.60)	Lap 27	17:14.45(38.68)	Lap 28	17:53.46(39.01)
Lap 29	18:32.28(38.82)	End	19:09.07(36.79)				
5 Emily MARTIN (MAXS)	(C) (97) [8]	(19:41.97)	19:18.23	2.0	600 (604)		
Lap 1	00:33.76(33.76)	Lap 2	01:11.27(37.51)	Lap 3	01:49.28(38.01)	Lap 4	02:27.18(37.90)
Lap 5	03:05.55(38.37)	Lap 6	03:44.21(38.66)	Lap 7	04:22.64(38.43)	Lap 8	05:00.80(38.16)
Lap 9	05:39.77(38.97)	Lap 10	06:18.85(39.08)	Lap 11	06:57.64(38.79)	Lap 12	07:36.41(38.77)
Lap 13	08:16.15(39.74)	Lap 14	08:56.00(39.85)	Lap 15	09:35.74(39.74)	Lap 16	10:14.85(39.11)
Lap 17	10:53.51(38.66)	Lap 18	11:33.03(39.52)	Lap 19	12:12.26(39.23)	Lap 20	12:51.41(39.15)
Lap 21	13:30.54(39.13)	Lap 22	14:09.61(39.07)	Lap 23	14:48.92(39.31)	Lap 24	15:28.38(39.46)
Lap 25	16:07.62(39.24)	Lap 26	16:45.68(38.06)	Lap 27	17:24.81(39.13)	Lap 28	18:04.36(39.55)
Lap 29	18:43.48(39.12)	End	19:18.23(34.75)				
6 Laura TAILOR (LEIM)	(B) (97) [10]	(19:53.06)	19:34.39	1.5	577 (595)		
Lap 1	00:32.85(32.85)	Lap 2	01:10.20(37.35)	Lap 3	01:48.58(38.38)	Lap 4	02:27.52(38.94)
Lap 5	03:07.04(39.52)	Lap 6	03:46.28(39.24)	Lap 7	04:25.94(39.66)	Lap 8	05:05.55(39.61)
Lap 9	05:45.74(40.19)	Lap 10	06:25.63(39.89)	Lap 11	07:05.41(39.78)	Lap 12	07:45.34(39.93)
Lap 13	08:25.12(39.78)	Lap 14	09:05.10(39.98)	Lap 15	09:44.16(39.06)	Lap 16	10:23.24(39.08)
Lap 17	11:03.18(39.94)	Lap 18	11:42.47(39.29)	Lap 19	12:23.37(40.90)	Lap 20	13:03.21(39.84)
Lap 21	13:43.60(40.39)	Lap 22	14:23.18(39.58)	Lap 23	15:02.82(39.64)	Lap 24	15:42.79(39.97)
Lap 25	16:22.13(39.34)	Lap 26	17:01.04(38.91)	Lap 27	17:40.49(39.45)	Lap 28	18:18.91(38.42)
Lap 29	18:57.83(38.92)	End	19:34.39(36.56)				
7 Christina JONES (NRHM)	(B) (97) [11]	(20:05.44)	19:39.74	2.1	570 (588)		
Lap 1	00:34.72(34.72)	Lap 2	01:13.29(38.57)	Lap 3	01:52.51(39.22)	Lap 4	02:31.68(39.17)
Lap 5	03:11.11(39.43)	Lap 6	03:50.53(39.42)	Lap 7	04:30.18(39.65)	Lap 8	05:10.29(40.11)
Lap 9	05:50.70(40.41)	Lap 10	06:30.56(39.86)	Lap 11	07:10.75(40.19)	Lap 12	07:51.00(40.25)
Lap 13	08:30.81(39.81)	Lap 14	09:11.21(40.40)	Lap 15	09:51.41(40.20)	Lap 16	10:30.84(39.43)
Lap 17	11:10.81(39.97)	Lap 18	11:50.94(40.13)	Lap 19	12:30.71(39.77)	Lap 20	13:10.88(40.17)
Lap 21	13:51.48(40.60)	Lap 22	14:31.12(39.64)	Lap 23	15:11.07(39.95)	Lap 24	15:50.76(39.69)
Lap 25	16:30.72(39.96)	Lap 26	17:10.44(39.72)	Lap 27	17:49.02(38.58)	Lap 28	18:28.60(39.58)
Lap 29	19:06.43(37.83)	End	19:39.74(33.31)				
8 Emily JENKINS (HERM)	(C) (95) [9]	(19:48.01)	19:59.29	-0.9	543		
Lap 1	00:35.87(35.87)	Lap 2	01:14.82(38.95)	Lap 3	01:54.43(39.61)	Lap 4	02:34.27(39.84)
Lap 5	03:14.37(40.10)	Lap 6	03:53.97(39.60)	Lap 7	04:33.90(39.93)	Lap 8	05:13.83(39.93)
Lap 9	05:53.30(39.47)	Lap 10	06:32.92(39.62)	Lap 11	07:12.35(39.43)	Lap 12	07:51.86(39.51)
Lap 13	08:31.23(39.37)	Lap 14	09:10.62(39.39)	Lap 15	09:50.28(39.66)	Lap 16	10:30.46(40.18)
Lap 17	11:10.13(39.67)	Lap 18	11:50.55(40.42)	Lap 19	12:30.57(40.02)	Lap 20	13:11.15(40.58)
Lap 21	13:52.09(40.94)	Lap 22	14:32.54(40.45)	Lap 23	15:13.25(40.71)	Lap 24	15:53.54(40.29)
Lap 25	16:34.83(41.29)	Lap 26	17:16.36(41.53)	Lap 27	17:57.54(41.18)	Lap 28	18:38.66(41.12)
Lap 29	19:20.08(41.42)	End	19:59.29(39.21)				
9 Jessica JONES (NRHM)	(C) (96) [17]	(21:44.78)	20:21.80	6.3	515 (518)		
Lap 1	00:36.34(36.34)	Lap 2	01:16.79(40.45)	Lap 3	01:58.34(41.55)	Lap 4	02:39.92(41.58)
Lap 5	03:20.91(40.99)	Lap 6	04:02.70(41.79)	Lap 7	04:44.66(41.96)	Lap 8	05:26.78(42.12)
Lap 9	06:08.00(41.22)	Lap 10	06:49.42(41.42)	Lap 11	07:30.85(41.43)	Lap 12	08:11.88(41.03)
Lap 13	08:52.59(40.71)	Lap 14	09:33.76(41.17)	Lap 15	10:14.70(40.94)	Lap 16	10:55.47(40.77)
Lap 17	11:36.22(40.75)	Lap 18	12:17.16(40.94)	Lap 19	12:58.24(41.08)	Lap 20	13:39.06(40.82)
Lap 21	14:20.10(41.04)	Lap 22	15:01.53(41.43)	Lap 23	15:43.34(41.81)	Lap 24	16:25.15(41.81)
Lap 25	17:05.36(40.21)	Lap 26	17:45.79(40.43)	Lap 27	18:25.99(40.20)	Lap 28	19:06.14(40.15)
Lap 29	19:46.24(40.10)	End	20:21.80(35.56)				
10 Lisa TRUSSLER (COLA)	(C) (90) [4]	(19:12.74)	20:24.23	-6.2	511		
Lap 1	00:34.53(34.53)	Lap 2	01:12.84(38.31)	Lap 3	01:52.48(39.64)	Lap 4	02:32.21(39.73)
Lap 5	03:12.44(40.23)	Lap 6	03:52.58(40.14)	Lap 7	04:33.15(40.57)	Lap 8	05:13.65(40.50)



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

Lap 9	05:54.47(40.82)	Lap 10	06:35.28(40.81)	Lap 11	07:16.43(41.15)	Lap 12	07:57.76(41.33)
Lap 13	08:38.76(41.00)	Lap 14	09:20.25(41.49)	Lap 15	10:01.42(41.17)	Lap 16	10:42.72(41.30)
Lap 17	11:23.92(41.20)	Lap 18	12:05.30(41.38)	Lap 19	12:46.59(41.29)	Lap 20	13:28.22(41.63)
Lap 21	14:10.05(41.83)	Lap 22	14:52.15(42.10)	Lap 23	15:33.62(41.47)	Lap 24	16:15.68(42.06)
Lap 25	16:57.57(41.89)	Lap 26	17:39.43(41.86)	Lap 27	18:21.33(41.90)	Lap 28	19:03.52(42.19)
Lap 29	19:44.71(41.19)	End	20:24.23(39.52)				
11 Fern CATES (NRHM)	(C) (95) [14]	(20:50.83)	21:19.82	-2.3	447		
Lap 1	00:35.60(35.60)	Lap 2	01:16.21(40.61)	Lap 3	01:57.59(41.38)	Lap 4	02:39.24(41.65)
Lap 5	03:20.84(41.60)	Lap 6	04:02.65(41.81)	Lap 7	04:45.04(42.39)	Lap 8	05:27.45(42.41)
Lap 9	06:09.36(41.91)	Lap 10	06:52.33(42.97)	Lap 11	07:35.07(42.74)	Lap 12	08:17.71(42.64)
Lap 13	09:01.03(43.32)	Lap 14	09:43.68(42.65)	Lap 15	10:27.43(43.75)	Lap 16	11:10.75(43.32)
Lap 17	11:54.08(43.33)	Lap 18	12:37.50(43.42)	Lap 19	13:21.38(43.88)	Lap 20	14:05.10(43.72)
Lap 21	14:48.13(43.03)	Lap 22	15:31.63(43.50)	Lap 23	16:15.40(43.77)	Lap 24	16:59.10(43.70)
Lap 25	17:42.94(43.84)	Lap 26	18:26.66(43.72)	Lap 27	19:10.68(44.02)	Lap 28	19:55.25(44.57)
Lap 29	20:38.76(43.51)	End	21:19.82(41.06)				
12 Charlotte COMBE (HERM)	(B) (97) [7]	(19:37.80)	21:46.72	-10.9	419 (432)		
Lap 1	00:33.19(33.19)	Lap 2	01:10.25(37.06)	Lap 3	01:47.99(37.74)	Lap 4	02:25.93(37.94)
Lap 5	03:04.42(38.49)	Lap 6	03:42.53(38.11)	Lap 7	04:21.72(39.19)	Lap 8	05:00.17(38.45)
Lap 9	05:39.43(39.26)	Lap 10	06:20.34(40.91)	Lap 11	07:03.70(43.36)	Lap 12	07:48.54(44.84)
Lap 13	08:33.91(45.37)	Lap 14	09:19.57(45.66)	Lap 15	10:06.14(46.57)	Lap 16	10:52.65(46.51)
Lap 17	11:38.32(45.67)	Lap 18	12:25.39(47.07)	Lap 19	13:11.98(46.59)	Lap 20	13:58.50(46.52)
Lap 21	14:46.09(47.59)	Lap 22	15:33.00(46.91)	Lap 23	16:20.15(47.15)	Lap 24	17:08.08(47.93)
Lap 25	17:56.32(48.24)	Lap 26	18:43.03(46.71)	Lap 27	19:28.64(45.61)	Lap 28	20:14.60(45.96)
Lap 29	21:00.87(46.27)	End	21:46.72(45.85)				
13 Abbie COOKE (FOXN)	(B) (99) [20]	(23:30.42)	22:10.89	5.6	395 (407)		
Lap 1	00:38.24(38.24)	Lap 2	01:20.94(42.70)	Lap 3	02:05.08(44.14)	Lap 4	02:49.70(44.62)
Lap 5	03:34.61(44.91)	Lap 6	04:19.78(45.17)	Lap 7	05:04.67(44.89)	Lap 8	05:49.44(44.77)
Lap 9	06:34.71(45.27)	Lap 10	07:20.18(45.47)	Lap 11	08:05.13(44.95)	Lap 12	08:49.45(44.32)
Lap 13	09:33.98(44.53)	Lap 14	10:18.56(44.58)	Lap 15	11:02.90(44.34)	Lap 16	11:47.83(44.93)
Lap 17	12:32.06(44.23)	Lap 18	13:16.64(44.58)	Lap 19	14:01.33(44.69)	Lap 20	14:46.21(44.88)
Lap 21	15:31.23(45.02)	Lap 22	16:16.31(45.08)	Lap 23	17:00.58(44.27)	Lap 24	17:45.20(44.62)
Lap 25	18:30.04(44.84)	Lap 26	19:14.87(44.83)	Lap 27	19:59.14(44.27)	Lap 28	20:43.13(43.99)
Lap 29	21:27.14(44.01)	End	22:10.89(43.75)				
14 Emily WALSH (CLPM)	(B) (98) [19]	(22:59.47)	22:13.21	3.3	392 (404)		
Lap 1	00:39.17(39.17)	Lap 2	01:24.06(44.89)	Lap 3	02:08.24(44.18)	Lap 4	02:52.93(44.69)
Lap 5	03:37.25(44.32)	Lap 6	04:21.85(44.60)	Lap 7	05:06.62(44.77)	Lap 8	05:50.94(44.32)
Lap 9	06:35.74(44.80)	Lap 10	07:19.94(44.20)	Lap 11	08:04.71(44.77)	Lap 12	08:49.27(44.56)
Lap 13	09:34.21(44.94)	Lap 14	10:18.41(44.20)	Lap 15	11:03.37(44.96)	Lap 16	11:48.43(45.06)
Lap 17	12:33.53(45.10)	Lap 18	13:18.77(45.24)	Lap 19	14:04.16(45.39)	Lap 20	14:49.50(45.34)
Lap 21	15:34.66(45.16)	Lap 22	16:20.07(45.41)	Lap 23	17:05.00(44.93)	Lap 24	17:49.80(44.80)
Lap 25	18:35.57(45.77)	Lap 26	19:20.74(45.17)	Lap 27	20:05.73(44.99)	Lap 28	20:50.07(44.34)
Lap 29	21:34.17(44.10)	End	22:13.21(39.04)				
15 Elizabeth BIBB (NUNM)	(C) (96) [15]	(21:06.00)	22:59.16	-8.9	351		
Lap 1	00:38.78(38.78)	Lap 2	01:22.92(44.14)	Lap 3	02:07.86(44.94)	Lap 4	02:52.30(44.44)
Lap 5	03:37.42(45.12)	Lap 6	04:22.53(45.11)	Lap 7	05:07.93(45.40)	Lap 8	05:54.44(46.51)
Lap 9	06:40.89(46.45)	Lap 10	07:27.71(46.82)	Lap 11	08:15.59(47.88)	Lap 12	09:02.76(47.17)
Lap 13	09:47.79(45.03)	Lap 14	10:35.04(47.25)	Lap 15	11:21.80(46.76)	Lap 16	12:10.10(48.30)
Lap 17	12:56.67(46.57)	Lap 18	13:43.70(47.03)	Lap 19	14:30.87(47.17)	Lap 20	15:17.77(46.90)
Lap 21	16:05.28(47.51)	Lap 22	16:52.28(47.00)	Lap 23	17:38.14(45.86)	Lap 24	18:25.65(47.51)
Lap 25	19:12.24(46.59)	Lap 26	19:59.18(46.94)	Lap 27	20:45.09(45.91)	Lap 28	21:31.64(46.55)
Lap 29	22:16.50(44.86)	End	22:59.16(42.66)				
16 Jennifer BALLINGER (NRHM)	(A) (99) [22]	(25:57.36)	24:39.81	4.9	275 (331)		
Lap 1	00:41.76(41.76)	Lap 2	01:28.39(46.63)	Lap 3	02:16.36(47.97)	Lap 4	03:04.65(48.29)
Lap 5	03:53.48(48.83)	Lap 6	04:42.27(48.79)	Lap 7	05:31.61(49.34)	Lap 8	06:20.94(49.33)
Lap 9	07:10.06(49.12)	Lap 10	07:59.49(49.43)	Lap 11	08:49.45(49.96)	Lap 12	09:38.46(49.01)
Lap 13	10:26.05(47.59)	Lap 14	11:15.79(49.74)	Lap 15	12:04.67(48.88)	Lap 16	12:53.65(48.98)
Lap 17	13:43.40(49.75)	Lap 18	14:33.92(50.52)	Lap 19	15:23.89(49.97)	Lap 20	16:14.19(50.30)
Lap 21	17:04.84(50.65)	Lap 22	17:56.00(51.16)	Lap 23	18:46.49(50.49)	Lap 24	19:38.47(51.98)
Lap 25	20:30.09(51.62)	Lap 26	21:21.07(50.98)	Lap 27	22:12.49(51.42)	Lap 28	23:02.73(50.24)
Lap 29	23:51.50(48.77)	End	24:39.81(48.31)				



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

**Event 4: 1500m Freestyle, Female, All Ages, HDW Level 3, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	Daisy BOWATER (COVM)	(B)	(97)	[3]	(21:59.90)	20:37.56	6.2	495 (511)
	Lap 1 00:35.50(35.50)	Lap 2 01:16.02(40.52)	Lap 3 01:57.20(41.18)	Lap 4 02:38.46(41.26)	Lap 5 03:19.72(41.26)	Lap 6 04:01.22(41.50)	Lap 7 04:42.79(41.57)	Lap 8 05:24.07(41.28)
	Lap 9 06:05.44(41.37)	Lap 10 06:47.82(42.38)	Lap 11 07:30.32(42.50)	Lap 12 08:12.58(42.26)	Lap 13 08:54.03(41.45)	Lap 14 09:34.58(40.55)	Lap 15 10:15.48(40.90)	Lap 16 10:56.14(40.66)
	Lap 17 11:36.67(40.53)	Lap 18 12:18.58(41.91)	Lap 19 13:00.62(42.04)	Lap 20 13:42.97(42.35)	Lap 21 14:24.58(41.61)	Lap 22 15:06.96(42.38)	Lap 23 15:48.80(41.84)	Lap 24 16:31.01(42.21)
	Lap 25 17:13.93(42.92)	Lap 26 17:55.56(41.63)	Lap 27 18:37.12(41.56)	Lap 28 19:18.60(41.48)	Lap 29 19:59.61(41.01)	End 20:37.56(37.95)		
2	Ginny BATEMAN (STRM)	(C)	(96)	[2]	(21:51.94)	21:28.81	1.7	437
	Lap 1 00:36.32(36.32)	Lap 2 01:17.12(40.80)	Lap 3 01:59.66(42.54)	Lap 4 02:42.31(42.65)	Lap 5 03:24.89(42.58)	Lap 6 04:07.48(42.59)	Lap 7 04:50.34(42.86)	Lap 8 05:32.68(42.34)
	Lap 9 06:15.36(42.68)	Lap 10 06:58.25(42.89)	Lap 11 07:41.93(43.68)	Lap 12 08:24.88(42.95)	Lap 13 09:08.27(43.39)	Lap 14 09:51.46(43.19)	Lap 15 10:34.43(42.97)	Lap 16 11:18.54(44.11)
	Lap 17 12:02.74(44.20)	Lap 18 12:47.15(44.41)	Lap 19 13:30.98(43.83)	Lap 20 14:15.21(44.23)	Lap 21 14:59.15(43.94)	Lap 22 15:43.31(44.16)	Lap 23 16:26.92(43.61)	Lap 24 17:11.11(44.19)
	Lap 25 17:54.87(43.76)	Lap 26 18:38.65(43.78)	Lap 27 19:22.20(43.55)	Lap 28 20:05.78(43.58)	Lap 29 20:48.48(42.70)	End 21:28.81(40.33)		
3	Sophie GREER (COVM)	(C)	(96)	[1]	(21:47.00)	21:47.81	-0.0	417 (420)
	Lap 1 00:35.72(35.72)	Lap 2 01:16.99(41.27)	Lap 3 01:59.65(42.66)	Lap 4 02:42.96(43.31)	Lap 5 03:27.11(44.15)	Lap 6 04:10.59(43.48)	Lap 7 04:53.99(43.40)	Lap 8 05:38.16(44.17)
	Lap 9 06:22.69(44.53)	Lap 10 07:06.68(43.99)	Lap 11 07:52.49(45.81)	Lap 12 08:36.38(43.89)	Lap 13 09:20.96(44.58)	Lap 14 10:05.78(44.82)	Lap 15 10:50.46(44.68)	Lap 16 11:33.92(43.46)
	Lap 17 12:18.83(44.91)	Lap 18 13:03.76(44.93)	Lap 19 13:48.26(44.50)	Lap 20 14:32.32(44.06)	Lap 21 15:17.20(44.88)	Lap 22 16:01.13(43.93)	Lap 23 16:45.63(44.50)	Lap 24 17:29.43(43.80)
	Lap 25 18:13.47(44.04)	Lap 26 18:56.69(43.22)	Lap 27 19:40.29(43.60)	Lap 28 20:23.67(43.38)	Lap 29 21:05.70(42.03)	End 21:47.81(42.11)		

**Event 5: 400m Ind. Medley, Male, All Ages, HDW Level 2, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	David MAXWELL (BHMM)	(C)	(93)	[4]	(04:49.40)	04:35.04	4.9	736
	Lap 1 00:29.19(29.19)	Lap 2 01:02.77(33.58)	Lap 3 01:37.18(34.41)	Lap 4 02:11.43(34.25)	Lap 5 02:50.78(39.35)	Lap 6 03:30.81(40.03)	Lap 7 04:02.93(32.12)	End 04:35.04(32.11)
2	Daniel EVANS (BHMM)	(C)	(93)	[1]	(04:41.78)	04:46.16	-1.5	663
	Lap 1 00:28.31(28.31)	Lap 2 01:01.01(32.70)	Lap 3 01:38.04(37.03)	Lap 4 02:14.41(36.37)	Lap 5 02:52.55(38.14)	Lap 6 03:32.55(40.00)	Lap 7 04:09.46(36.91)	End 04:46.16(36.70)
3	Edward SHATTOCK (WOWN)	(C)	(91)	[3]	(04:47.04)	04:48.03	-0.3	651
	Lap 1 00:29.42(29.42)	Lap 2 01:02.59(33.17)	Lap 3 01:42.19(39.60)	Lap 4 02:20.89(38.70)	Lap 5 03:01.99(41.10)	Lap 6 03:43.97(41.98)	Lap 7 04:16.99(33.02)	End 04:48.03(31.04)
4	Joshua WINNICOTT (BHMM)	(C)	(96)	[9]	(05:03.87)	04:51.83	3.9	628 (663)
	Lap 1 00:31.29(31.29)	Lap 2 01:07.16(35.87)	Lap 3 01:45.36(38.20)	Lap 4 02:23.21(37.85)	Lap 5 03:02.95(39.74)	Lap 6 03:44.35(41.40)	Lap 7 04:18.80(34.45)	End 04:51.83(33.03)
5	Michael ROSS (WOWN)	(C)	(95)	[6]	(04:54.92)	04:53.90	0.3	616 (650)
	Lap 1 00:31.29(31.29)	Lap 2 01:07.26(35.97)	Lap 3 01:41.93(34.67)	Lap 4 02:17.88(35.95)	Lap 5 03:02.23(44.35)	Lap 6 03:46.03(43.80)	Lap 7 04:19.91(33.88)	End 04:53.90(33.99)
	End 04:53.90(-5.68)	Correct						
6	Lewis CLIFFORD STEPHENSON (KILS)	(C)	(93)	[2]	(04:42.63)	04:57.95	-5.4	593
	Lap 1 00:28.85(28.85)	Lap 2 01:04.23(35.38)	Lap 3 01:43.20(38.97)	Lap 4 02:22.35(39.15)	Lap 5 03:03.26(40.91)	Lap 6 03:46.83(43.57)	Lap 7 04:22.68(35.85)	End 04:57.95(35.27)
7	Jacob SCULLION (COVM)	(C)	(95)	[8]	(05:00.10)	05:00.49	-0.1	578 (610)
	Lap 1 00:31.24(31.24)	Lap 2 01:06.54(35.30)	Lap 3 01:45.32(38.78)	Lap 4 02:23.30(37.98)	Lap 5 03:07.22(43.92)	Lap 6 03:51.60(44.38)	Lap 7 04:26.31(34.71)	End 05:00.49(34.18)
8	Louis OLIVER (BHMM)	(C)	(95)	[11]	(05:13.95)	05:03.36	3.3	563 (594)



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

Lap 1	00:31.63(31.63)	Lap 2	01:10.34(38.71)	Lap 3	01:49.60(39.26)	Lap 4	02:27.48(37.88)
Lap 5	03:09.87(42.39)	Lap 6	03:52.62(42.75)	Lap 7	04:29.00(36.38)	End	05:03.36(34.36)
9 Karol BUKOWSKI (BHMM)	(C)	(95) [10]	(05:10.06)	05:13.67	-1.1	510 (538)	
Lap 1	00:31.43(31.43)	Lap 2	01:08.75(37.32)	Lap 3	01:46.53(37.78)	Lap 4	02:25.69(39.16)
Lap 5	03:11.95(46.26)	Lap 6	03:59.75(47.80)	Lap 7	04:36.59(36.84)	End	05:13.67(37.08)
10 Adam LAMB (CHSM)	(C)	(96) [14]	(05:29.91)	05:19.43	3.1	483 (528)	
Lap 1	00:32.65(32.65)	Lap 2	01:11.12(38.47)	Lap 3	01:49.82(38.70)	Lap 4	02:29.48(39.66)
Lap 5	03:17.52(48.04)	Lap 6	04:05.45(47.93)	Lap 7	04:43.03(37.58)		
11 Samuel BIBB (NUNM)	(C)	(94) [12]	(05:23.28)	05:20.59	0.8	478	
Lap 1	00:32.17(32.17)	Lap 2	01:12.29(40.12)	Lap 3	01:52.91(40.62)	Lap 4	02:32.98(40.07)
Lap 5	03:19.61(46.63)	Lap 6	04:07.40(47.79)	Lap 7	04:44.76(37.36)	End	05:20.59(35.83)
12 Jake DIXON (BHMM)	(B)	(98) [13]	(05:29.73)	05:22.15	2.2	471 (522)	
Lap 1	00:34.45(34.45)	Lap 2	01:13.35(38.90)	Lap 3	01:54.61(41.26)	Lap 4	02:35.09(40.48)
Lap 5	03:21.63(46.54)	Lap 6	04:08.52(46.89)	Lap 7	04:46.36(37.84)	End	05:22.15(35.79)
13 Aaron KIRCHIN-BROWN (WOWN)	(B)	(97) [18]	(05:38.73)	05:22.69	4.7	469 (520)	
Lap 1	00:34.21(34.21)	Lap 2	01:13.42(39.21)	Lap 3	01:55.50(42.08)	Lap 4	02:35.96(40.46)
Lap 5	03:23.48(47.52)	Lap 6	04:11.94(48.46)	Lap 7	04:48.52(36.58)	End	05:22.69(34.17)
14 James ROSS (WOWN)	(B)	(97) [16]	(05:35.96)	05:22.78	3.9	468 (519)	
Lap 1	00:35.82(35.82)	Lap 2	01:17.57(41.75)	Lap 3	01:59.68(42.11)	Lap 4	02:42.22(42.54)
Lap 5	03:28.38(46.16)	Lap 6	04:14.89(46.51)	Lap 7	04:49.86(34.97)	End	05:22.78(32.92)
15 Connor KEARNS (KILS)	(B)	(98) [15]	(05:33.75)	05:23.42	3.0	465 (516)	
Lap 1	00:34.58(34.58)	Lap 2	01:15.14(40.56)	Lap 3	01:56.71(41.57)	Lap 4	02:38.90(42.19)
Lap 5	03:24.92(46.02)	Lap 6	04:11.01(46.09)	Lap 7	04:48.37(37.36)	End	05:23.42(35.05)
16 Charlie HACKETT (BHMM)	(B)	(98) [21]	(05:56.00)	05:41.19	4.1	393 (436)	
Lap 1	00:34.23(34.23)	Lap 2	01:16.13(41.90)	Lap 3	02:00.17(44.04)	Lap 4	02:43.34(43.17)
Lap 5	03:33.36(50.02)	Lap 6	04:26.11(52.75)	Lap 7	05:04.49(38.38)	End	05:41.19(36.70)
17 Adam POOLE (WOWN)	(B)	(98) [19]	(05:52.74)	05:41.26	3.2	393 (439)	
Lap 1	00:36.32(36.32)	Lap 2	01:17.33(41.01)	Lap 3	02:01.56(44.23)	Lap 4	02:45.60(44.04)
Lap 5	03:33.43(47.83)	Lap 6	04:22.50(49.07)	Lap 7	05:03.14(40.64)	End	05:41.26(38.12)
18 Harrison COULTER (STMN)	(A)	(99) [25]	(06:12.94)	05:48.08	6.6	368 (440)	
Lap 1	00:37.81(37.81)	Lap 2	01:20.69(42.88)	Lap 3	02:06.57(45.88)	Lap 4	02:51.95(45.38)
Lap 5	03:42.06(50.11)	Lap 6	04:31.95(49.89)	Lap 7	05:11.21(39.26)	End	05:48.08(36.87)
19 Tom DERBYSHIRE (APXM)	(B)	(98) [28]	(06:30.68)	05:48.95	10.6	365 (408)	
Lap 1	00:37.47(37.47)	Lap 2	01:21.42(43.95)	Lap 3	02:07.06(45.64)	Lap 4	02:52.50(45.44)
Lap 5	03:41.76(49.26)	Lap 6	04:32.00(50.24)	Lap 7	05:10.85(38.85)	End	05:48.95(38.10)
20 William BEAVAN (PION)	(B)	(98) [20]	(05:53.85)	05:52.09	0.4	354 (395)	
Lap 1	00:40.30(40.30)	Lap 2	01:27.99(47.69)	Lap 3	02:11.15(43.16)	Lap 4	02:56.63(45.48)
Lap 5	03:46.28(49.65)	Lap 6	04:37.65(51.37)	Lap 7	05:15.35(37.70)	End	05:52.09(36.74)
21 Matthew SPENCER (WELM)	(B)	(98) [27]	(06:20.82)	06:07.43	3.5	306 (342)	
Lap 1	00:41.24(41.24)	Lap 2	01:34.79(53.55)	Lap 3	02:20.63(45.84)	Lap 4	03:04.66(44.03)
Lap 5	03:56.10(51.44)	Lap 6	04:49.67(53.57)	Lap 7	05:29.76(40.09)	End	06:07.43(37.67)
22 Matthew PRICE (BLDM)	(A)	(00) [26]	(06:15.23)	06:07.60	2.0	306 (366)	
Lap 1	00:41.24(41.24)	Lap 2	01:26.84(45.60)	Lap 3	02:12.39(45.55)	Lap 4	02:57.93(45.54)
Lap 5	03:51.69(53.76)	Lap 6	04:47.62(55.93)	Lap 7	05:28.79(41.17)		
23 Liam MCSORLEY (COVM)	(A)	(99) [23]	(06:08.04)	06:12.53	-1.2	292 (349)	
Lap 1	00:42.22(42.22)	Lap 2	01:32.39(50.17)	Lap 3	02:20.91(48.52)	Lap 4	03:09.30(48.39)
Lap 5	04:01.58(52.28)	Lap 6	04:53.86(52.28)	Lap 7	05:34.43(40.57)	End	06:12.53(38.10)
24 Charles FULWELL (COVM)	(B)	(98) [30]	(06:33.23)	06:12.79	5.1	291 (325)	
Lap 1	00:40.60(40.60)	Lap 2	01:31.43(50.83)	Lap 3	02:15.38(43.95)	Lap 4	03:00.31(44.93)
Lap 5	03:59.24(58.93)	Lap 6	04:57.45(58.21)	Lap 7	05:35.79(38.34)	End	06:12.79(37.00)
25 Samuel GOLDRICK (STMN)	(B)	(98) [29]	(06:32.35)	06:13.50	4.8	289 (323)	
Lap 1	00:39.78(39.78)	Lap 2	01:29.20(49.42)	Lap 3	02:17.50(48.30)	Lap 4	03:04.32(46.82)
Lap 5	03:59.62(55.30)	Lap 6	04:55.24(55.62)	Lap 7	05:35.36(40.12)	End	06:13.50(38.14)
26 Jonathan CROW (LEIM)	(B)	(98) [24]	(06:09.01)	06:15.98	-1.8	283 (316)	
Lap 1	00:40.17(40.17)	Lap 2	01:28.98(48.81)	Lap 3	02:12.66(43.68)	Lap 4	02:56.68(44.02)
Lap 5	03:53.67(56.99)	Lap 6	04:50.71(57.04)	Lap 7	05:33.64(42.93)	End	06:15.98(42.34)



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

27 Billy MARTIN (MAXS)	(A)	(00) [32]	(06:49.27)	06:19.16	7.3	274 (328)
Lap 1 00:40.76(40.76)	Lap 2 01:27.87(47.11)	Lap 3 02:15.07(47.20)	Lap 4 03:00.01(44.94)			
Lap 5 03:58.85(58.84)	Lap 6 04:57.48(58.63)	Lap 7 05:40.15(42.67)	End 06:19.16(39.01)			
28 Joseph IACOVIDES (DAVA)	(A)	(99) [33]	(06:49.86)	06:19.28	7.4	274 (328)
Lap 1 00:41.66(41.66)	Lap 2 01:31.00(49.34)	Lap 3 02:19.66(48.66)	Lap 4 03:06.29(46.63)			
Lap 5 04:03.62(57.33)	Lap 6 05:01.42(57.80)	Lap 7 05:41.91(40.49)	End 06:19.28(37.37)			
29 Stuart EASTWOOD (CREN)	(B)	(98) [38]	(07:01.23)	06:27.24	8.0	254 (284)
Lap 1 00:41.22(41.22)	Lap 2 01:32.81(51.59)	Lap 3 02:21.19(48.38)	Lap 4 03:09.73(48.54)			
Lap 5 04:04.01(54.28)	Lap 6 04:58.97(54.96)	Lap 7 05:42.27(43.30)	End 06:27.24(44.97)			
30 Sam COOPER (WOWN)	(B)	(98) [34]	(06:57.52)	06:33.17	5.8	240 (268)
Lap 1 00:42.95(42.95)	Lap 2 01:36.24(53.29)	Lap 3 02:23.75(47.51)	Lap 4 03:11.26(47.51)			
Lap 5 04:10.01(58.75)	Lap 6 05:09.70(59.69)	Lap 7 05:52.57(42.87)	End 06:33.17(40.60)			
31 Daniel HIGGINS (FOXM)	(A)	(00) [35]	(06:58.00)	06:52.23	1.3	200 (239)
Lap 1 00:43.71(43.71)	Lap 2 01:37.36(53.65)	Lap 3 02:28.06(50.70)	Lap 4 03:17.41(49.35)			
Lap 5 04:16.77(59.36)	Lap 6 05:17.93(61.16)	Lap 7 06:06.11(48.18)	End 06:52.23(46.12)			
32 Harry JONES (WALM)	(A)	(00) [36]	(07:10.78)	07:06.30	1.0	175 (201)
Lap 1 00:44.05(44.05)	Lap 2 01:45.14(61.09)	Lap 3 02:39.45(54.31)	Lap 4 03:32.02(52.57)			
Lap 5 04:34.63(62.61)	Lap 6 05:35.13(60.50)	Lap 7 06:19.50(44.37)	End 07:06.30(46.80)			
Robert HILTON (WALN)	(C)	(96) [17]	(05:37.25)	DNS		
James HOLDER (OUSS)	(C)	(91) [5]	(04:50.09)	DNS		
Tobias SCHRODER (LEAM)	(A)	(99) [31]	(06:39.12)	DSQ		Incorrect backstroke finish
Lap 1 00:44.00(44.00)	Lap 2 01:37.08(53.08)	Lap 3 02:25.19(48.11)	Lap 4 03:11.22(46.03)			
Lap 5 04:10.96(59.74)	Lap 6 05:09.86(58.90)	Lap 7 05:55.57(45.71)	End 00:00.00(-355.57)			
Steven WILSON (BLDM)	(B)	(97) [22]	(06:00.00)	DSQ		Left position on back
Lap 1 00:36.14(36.14)	Lap 2 01:22.00(45.86)	Lap 3 02:04.75(42.75)	Lap 4 02:49.16(44.41)			
Lap 5 03:41.89(52.73)	Lap 6 04:37.96(56.07)	Lap 7 05:17.67(39.71)	End 00:00.00(-317.67)			

**Event 7: 400m Ind. Medley, Female, All Ages, HDW Level 2, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	Rebecca SPOOR (BHMM)	(C)	(94)	[3]	(05:05.03)	05:05.16	-0.0	734
	Lap 1 00:31.65(31.65)	Lap 2 01:10.08(38.43)	Lap 3 01:50.81(40.73)	Lap 4 02:29.59(38.78)				
	Lap 5 03:13.12(43.53)	Lap 6 03:57.31(44.19)	Lap 7 04:32.60(35.29)	End 05:05.16(32.56)				
2	Alice HOLMES (BHMM)	(C)	(95)	[6]	(05:12.62)	05:05.40	2.3	732
	Lap 1 00:32.88(32.88)	Lap 2 01:10.60(37.72)	Lap 3 01:49.83(39.23)	Lap 4 02:30.68(40.85)				
	Lap 5 03:15.70(45.02)	Lap 6 04:00.60(44.90)	Lap 7 04:33.81(33.21)	End 05:05.40(31.59)				
3	Jenny FOWLER (BHMM)	(C)	(94)	[5]	(05:12.36)	05:05.56	2.1	731
	Lap 1 00:32.33(32.33)	Lap 2 01:09.33(37.00)	Lap 3 01:48.36(39.03)	Lap 4 02:26.58(38.22)				
	Lap 5 03:11.33(44.75)	Lap 6 03:56.02(44.69)	Lap 7 04:32.01(35.99)	End 05:05.56(33.55)				
4	Kalei ANDREWS (KILS)	(C)	(91)	[2]	(05:03.38)	05:10.83	-2.4	699
	Lap 1 00:31.50(31.50)	Lap 2 01:08.02(36.52)	Lap 3 01:48.20(40.18)	Lap 4 02:27.48(39.28)				
	Lap 5 03:12.42(44.94)	Lap 6 03:58.04(45.62)	Lap 7 04:34.66(36.62)	End 05:10.83(36.17)				
5	Alice COUSINS (BHMM)	(C)	(93)	[1]	(04:57.71)	05:12.44	-4.9	689
	Lap 1 00:32.40(32.40)	Lap 2 01:10.20(37.80)	Lap 3 01:49.59(39.39)	Lap 4 02:28.63(39.04)				
	Lap 5 03:14.82(46.19)	Lap 6 04:01.17(46.35)	Lap 7 04:37.13(35.96)	End 05:12.44(35.31)				Correct
6	Rebecca COLE (BHMM)	(C)	(94)	[10]	(05:22.45)	05:12.68	3.0	688
	Lap 1 00:33.07(33.07)	Lap 2 01:10.77(37.70)	Lap 3 01:48.01(37.24)	Lap 4 02:24.84(36.83)				
	Lap 5 03:11.58(46.74)	Lap 6 03:59.27(47.69)	Lap 7 04:35.95(36.68)	End 05:12.68(36.73)				
7	Sasha WISDISH (DEXA)	(C)	(94)	[4]	(05:09.10)	05:14.91	-1.8	675
	Lap 1 00:33.62(33.62)	Lap 2 01:13.72(40.10)	Lap 3 01:53.84(40.12)	Lap 4 02:33.17(39.33)				
	Lap 5 03:17.40(44.23)	Lap 6 04:03.01(45.61)	Lap 7 04:39.42(36.41)	End 05:14.91(35.49)				
8	Danielle MULLINDER (WLVM)	(C)	(96)	[8]	(05:19.26)	05:15.18	1.2	673 (699)
	Lap 1 00:33.76(33.76)	Lap 2 01:14.18(40.42)	Lap 3 01:53.34(39.16)	Lap 4 02:32.57(39.23)				
	Lap 5 03:17.90(45.33)	Lap 6 04:03.21(45.31)	Lap 7 04:40.30(37.09)	End 05:15.18(34.88)				
9	Emma SMITH (BHMM)	(C)	(96)	[13]	(05:24.89)	05:15.60	2.8	671 (697)
	Lap 1 00:34.32(34.32)	Lap 2 01:12.94(38.62)	Lap 3 01:53.60(40.66)	Lap 4 02:33.17(39.57)				
	Lap 5 03:19.60(46.43)	Lap 6 04:05.76(46.16)	Lap 7 04:41.05(35.29)	End 05:15.60(34.55)				
10	Katherine STEPHENSON (WOWN)	(C)	(93)	[15]	(05:26.59)	05:16.45	3.1	666
	Lap 1 00:33.17(33.17)	Lap 2 01:12.57(39.40)	Lap 3 01:54.89(42.32)	Lap 4 02:34.55(39.66)				
	Lap 5 03:20.29(45.74)	Lap 6 04:05.87(45.58)	Lap 7 04:42.36(36.49)	End 05:16.45(34.09)				



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**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

11	Tori FOSTER (BHMM)	(C)	(95) [9]	(05:20.68)	05:17.39	1.0	661		
	Lap 1		00:33.67(33.67)	Lap 2	01:12.82(39.15)	Lap 3	01:54.03(41.21)	Lap 4	02:33.95(39.92)
	Lap 5		03:18.71(44.76)	Lap 6	04:04.24(45.53)	Lap 7	04:41.35(37.11)	End	05:17.39(36.04)
12	Kristie HACKETT (BHMM)	(C)	(95) [7]	(05:16.22)	05:20.93	-1.4	641		
	Lap 1		00:33.31(33.31)	Lap 2	01:12.23(38.92)	Lap 3	01:53.10(40.87)	Lap 4	02:34.14(41.04)
	Lap 5		03:21.98(47.84)	Lap 6	04:09.84(47.86)	Lap 7	04:45.47(35.63)	End	05:20.93(35.46)
13	Rebecca COY (WOWN)	(C)	(94) [16]	(05:27.55)	05:25.28	0.6	617		
	Lap 1		00:34.55(34.55)	Lap 2	01:13.16(38.61)	Lap 3	01:55.38(42.22)	Lap 4	02:37.18(41.80)
	Lap 5		03:23.76(46.58)	Lap 6	04:10.68(46.92)	Lap 7	04:48.32(37.64)	End	05:25.28(36.96)
14	Toni PORRINO (WOWN)	(C)	(97) [22]	(05:38.71)	05:26.06	3.7	613 (637)		
	Lap 1		00:35.51(35.51)	Lap 2	01:17.15(41.64)	Lap 3	01:55.98(38.83)	Lap 4	02:35.22(39.24)
	Lap 5		03:23.16(47.94)	Lap 6	04:13.70(50.54)	Lap 7	04:50.69(36.99)	End	05:26.06(35.37)
15	Sophie BRIDGMAN (BHMM)	(C)	(95) [23]	(05:44.22)	05:26.08	5.2	613		
	Lap 1		00:33.32(33.32)	Lap 2	01:11.68(38.36)	Lap 3	01:53.47(41.79)	Lap 4	02:34.87(41.40)
	Lap 5		03:24.87(50.00)	Lap 6	04:14.76(49.89)	Lap 7	04:51.49(36.73)	End	05:26.08(34.59)
16	Lydia NEW (BHMM)	(B)	(97) [19]	(05:30.38)	05:28.38	0.6	601 (635)		
	Lap 1		00:34.45(34.45)	Lap 2	01:15.09(40.64)	Lap 3	01:56.36(41.27)	Lap 4	02:36.65(40.29)
	Lap 5		03:26.41(49.76)	Lap 6	04:16.78(50.37)	Lap 7	04:52.91(36.13)	End	05:28.38(35.47)
17	Givenchy SNEEKES (BHMM)	(B)	(97) [18]	(05:30.22)	05:31.77	-0.4	584 (617)		
	Lap 1		00:35.26(35.26)	Lap 2	01:17.73(42.47)	Lap 3	02:00.54(42.81)	Lap 4	02:42.03(41.49)
	Lap 5		03:29.68(47.65)	Lap 6	04:18.14(48.46)	Lap 7	04:55.80(37.66)	End	05:31.77(35.97)
18	Courtnei FOSTER (BHMM)	(C)	(95) [14]	(05:25.31)	05:32.05	-2.0	583		
	Lap 1		00:32.57(32.57)	Lap 2	01:11.96(39.39)	Lap 3	01:53.27(41.31)	Lap 4	02:35.11(41.84)
	Lap 5		03:25.35(50.24)	Lap 6	04:16.25(50.90)	Lap 7	04:54.60(38.35)	End	05:32.05(37.45)
19	Sian RAINSLEY (COVM)	(B)	(97) [25]	(05:45.59)	05:32.19	3.8	582 (615)		
	Lap 1		00:33.81(33.81)	Lap 2	01:13.46(39.65)	Lap 3	01:56.93(43.47)	Lap 4	02:40.41(43.48)
	Lap 5		03:29.09(48.68)	Lap 6	04:19.08(49.99)	Lap 7	04:56.21(37.13)	End	05:32.19(35.98)
20	Emma SANSBY (COVM)	(C)	(95) [11]	(05:23.32)	05:32.83	-2.9	579		
	Lap 1		00:35.30(35.30)	Lap 2	01:15.75(40.45)	Lap 3	01:57.62(41.87)	Lap 4	02:38.69(41.07)
	Lap 5		03:28.48(49.79)	Lap 6	04:18.19(49.71)	Lap 7	04:56.14(37.95)	End	05:32.83(36.69)
21	Emily GRAHAM (BHMM)	(B)	(99) [28]	(05:47.59)	05:34.42	3.7	571 (611)		
	Lap 1		00:36.51(36.51)	Lap 2	01:18.75(42.24)	Lap 3	01:59.96(41.21)	Lap 4	02:40.96(41.00)
	Lap 5		03:30.26(49.30)	Lap 6	04:19.18(48.92)	Lap 7	04:57.14(37.96)	End	05:34.42(37.28)
22	Crystal COPE (HERM)	(C)	(95) [20]	(05:30.56)	05:35.43	-1.4	566		
	Lap 1		00:34.96(34.96)	Lap 2	01:15.61(40.65)	Lap 3	01:58.92(43.31)	Lap 4	02:40.91(41.99)
	Lap 5		03:28.58(47.67)	Lap 6	04:18.09(49.51)	Lap 7	04:57.35(39.26)	End	05:35.43(38.08) Correct
23	Megan WILLETTS (HALM)	(B)	(97) [29]	(05:53.71)	05:36.67	4.8	560 (591)		
	Lap 1		00:36.42(36.42)	Lap 2	01:19.58(43.16)	Lap 3	02:02.09(42.51)	Lap 4	02:44.14(42.05)
	Lap 5		03:31.01(46.87)	Lap 6	04:18.87(47.86)	Lap 7	04:59.05(40.18)	End	05:36.67(37.62)
24	Mikaela KENNEDY (KILS)	(B)	(97) [31]	(05:57.04)	05:42.56	4.0	532 (562)		
	Lap 1		00:36.06(36.06)	Lap 2	01:18.67(42.61)	Lap 3	02:03.41(44.74)	Lap 4	02:47.38(43.97)
	Lap 5		03:36.61(49.23)	Lap 6	04:25.39(48.78)	Lap 7	05:04.82(39.43)	End	05:42.56(37.74)
25	Lara ROBINSON (LEAM)	(B)	(97) [24]	(05:44.62)	05:43.01	0.4	530 (560)		
	Lap 1		00:34.71(34.71)	Lap 2	01:16.47(41.76)	Lap 3	02:00.91(44.44)	Lap 4	02:45.20(44.29)
	Lap 5		03:34.90(49.70)	Lap 6	04:25.14(50.24)	Lap 7	05:04.70(39.56)	End	05:43.01(38.31)
26	Sarah KING (NUNM)	(B)	(97) [27]	(05:46.28)	05:45.34	0.2	520 (549)		
	Lap 1		00:36.42(36.42)	Lap 2	01:20.44(44.02)	Lap 3	02:04.55(44.11)	Lap 4	02:48.80(44.25)
	Lap 5		03:39.10(50.30)	Lap 6	04:29.71(50.61)	Lap 7	05:08.50(38.79)	End	05:45.34(36.84)
27	Hannah CLAY (RADM)	(C)	(97) [26]	(05:45.72)	05:45.36	0.1	520 (540)		
	Lap 1		00:37.35(37.35)	Lap 2	01:22.70(45.35)	Lap 3	02:07.19(44.49)	Lap 4	02:51.09(43.90)
	Lap 5		03:39.81(48.72)	Lap 6	04:29.81(50.00)	Lap 7	05:08.52(38.71)	End	05:45.36(36.84)
28	Lara HADLINGTON (BHMM)	(B)	(97) [30]	(05:54.42)	05:52.68	0.4	488 (515)		
	Lap 1		00:38.41(38.41)	Lap 2	01:28.97(50.56)	Lap 3	02:13.69(44.72)	Lap 4	02:57.15(43.46)
	Lap 5		03:46.23(49.08)	Lap 6	04:36.09(49.86)	Lap 7	05:15.96(39.87)	End	05:52.68(36.72)
29	Mary YOXALL (HERM)	(B)	(98) [37]	(06:18.42)	05:59.68	4.9	460 (492)		
	Lap 1		00:38.29(38.29)	Lap 2	01:22.21(43.92)	Lap 3	02:08.61(46.40)	Lap 4	02:53.66(45.05)
	Lap 5		03:46.00(52.34)	Lap 6	04:39.01(53.01)	Lap 7	05:19.77(40.76)	End	05:59.68(39.91)
30	Tully KEARNEY (WALM)	(B)	(97) [33]	(06:02.79)	06:00.48	0.6	457 (483)		
	Lap 1		00:37.75(37.75)	Lap 2	01:24.91(47.16)	Lap 3	02:13.83(48.92)	Lap 4	03:01.79(47.96)
	Lap 5		03:49.68(47.89)	Lap 6	04:40.49(50.81)	Lap 7	05:22.13(41.64)	End	06:00.48(38.35)



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**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

31 Catherine ROSS (WOWN)	(B)	(99) [43]	(06:21.52)	06:01.96	5.1	451 (482)	
Lap 1 00:40.06(40.06)	Lap 2 01:30.66(50.60)	Lap 3 02:16.08(45.42)	Lap 4 03:00.76(44.68)				
Lap 5 03:51.10(50.34)	Lap 6 04:41.07(49.97)	Lap 7 05:22.53(41.46)	End 06:01.96(39.43)				
32 Hannah JONES (STMN)	(B)	(98) [38]	(06:18.52)	06:03.93	3.8	443 (468)	
Lap 1 00:41.09(41.09)	Lap 2 01:29.66(48.57)	Lap 3 02:14.16(44.50)	Lap 4 02:57.45(43.29)				
Lap 5 03:49.55(52.10)	Lap 6 04:41.80(52.25)	Lap 7 05:24.27(42.47)	End 06:03.93(39.66)				
33 Francesca CROSS (STMN)	(A)	(99) [40]	(06:19.56)	06:04.65	3.9	441 (499)	
Lap 1 00:42.32(42.32)	Lap 2 01:33.42(51.10)	Lap 3 02:15.69(42.27)	Lap 4 02:58.97(43.28)				
Lap 5 03:51.67(52.70)	Lap 6 04:44.33(52.66)	Lap 7 05:25.43(41.10)	End 06:04.65(39.22)				
34 Charlotte DANIELS (STMN)	(A)	(99) [39]	(06:19.52)	06:05.02	3.8	439 (497)	
Lap 1 00:41.22(41.22)	Lap 2 01:31.18(49.96)	Lap 3 02:16.59(45.41)	Lap 4 03:00.20(43.61)				
Lap 5 03:51.78(51.58)	Lap 6 04:44.71(52.93)	Lap 7 05:26.57(41.86)	End 06:05.02(38.45)				
35 Shannon FOX (FOXM)	(B)	(98) [42]	(06:21.03)	06:06.66	3.7	433 (457)	
Lap 1 00:37.69(37.69)	Lap 2 01:23.66(45.97)	Lap 3 02:09.36(45.70)	Lap 4 02:55.03(45.67)				
Lap 5 03:49.34(54.31)	Lap 6 04:43.41(54.07)	Lap 7 05:25.00(41.59)	End 06:06.66(41.66)				
36 Grace OCKWELL (BEKS)	(B)	(97) [46]	(06:31.46)	06:06.99	6.2	432 (456)	
Lap 1 00:38.37(38.37)	Lap 2 01:26.15(47.78)	Lap 3 02:13.84(47.69)	Lap 4 03:00.96(47.12)				
Lap 5 03:52.15(51.19)	Lap 6 04:43.50(51.35)	Lap 7 05:24.76(41.26)	End 06:06.99(42.23)				
37 Bethan HINETT (COVM)	(A)	(99) [36]	(06:17.71)	06:08.27	2.4	427 (483)	
Lap 1 00:41.23(41.23)	Lap 2 01:30.05(48.82)	Lap 3 02:17.37(47.32)	Lap 4 03:05.08(47.71)				
Lap 5 03:57.10(52.02)	Lap 6 04:49.78(52.68)	Lap 7 05:29.83(40.05)	End 06:08.27(38.44)				Correct
38 Daisy BOWATER (COVM)	(B)	(97) [41]	(06:20.10)	06:12.52	1.9	412 (435)	
Lap 1 00:40.22(40.22)	Lap 2 01:29.11(48.89)	Lap 3 02:17.02(47.91)	Lap 4 03:03.95(46.93)				
Lap 5 03:58.30(54.35)	Lap 6 04:52.61(54.31)	Lap 7 05:33.21(40.60)	End 06:12.52(39.31)				
39 Morgan HARLOW (BLDM)	(B)	(98) [44]	(06:25.10)	06:14.48	2.7	405 (428)	
Lap 1 00:37.53(37.53)	Lap 2 01:22.15(44.62)	Lap 3 02:10.97(48.82)	Lap 4 02:58.82(47.85)				
Lap 5 03:51.28(52.46)	Lap 6 04:45.29(54.01)	Lap 7 05:30.83(45.54)	End 06:14.48(43.65)				
40 Emily WALSH (CLPM)	(B)	(98) [48]	(06:39.48)	06:15.40	6.0	402 (430)	
Lap 1 00:40.78(40.78)	Lap 2 01:29.68(48.90)	Lap 3 02:17.93(48.25)	Lap 4 03:06.42(48.49)				
Lap 5 03:58.76(52.34)	Lap 6 04:51.30(52.54)	Lap 7 05:35.00(43.70)	End 06:15.40(40.40)				
41 Laura May BUCKLEY (WOWN)	(B)	(98) [55]	(06:50.00)	06:16.38	8.2	399 (427)	
Lap 1 00:42.73(42.73)	Lap 2 01:34.88(52.15)	Lap 3 02:19.94(45.06)	Lap 4 03:05.92(45.98)				
Lap 5 04:00.60(54.68)	Lap 6 04:56.52(55.92)	Lap 7 05:37.25(40.73)	End 06:16.38(39.13)				
42 Nicola HILTON (WOWN)	(B)	(98) [47]	(06:35.56)	06:17.53	4.5	395 (422)	
Lap 1 00:45.38(45.38)	Lap 2 01:36.95(51.57)	Lap 3 02:23.40(46.45)	Lap 4 03:10.62(47.22)				
Lap 5 04:01.09(50.47)	Lap 6 04:53.60(52.51)	Lap 7 05:36.60(43.00)	End 06:17.53(40.93)				
43 Rachael WILSON (BLDM)	(B)	(98) [49]	(06:40.00)	06:18.29	5.4	392 (419)	
Lap 1 00:42.31(42.31)	Lap 2 01:32.76(50.45)	Lap 3 02:22.52(49.76)	Lap 4 03:10.89(48.37)				
Lap 5 04:03.56(52.67)	Lap 6 04:57.15(53.59)	Lap 7 05:38.29(41.14)	End 06:18.29(40.00)				
44 Megan LANGTON (LEAM)	(A)	(00) [51]	(06:44.54)	06:26.25	4.5	366 (414)	
Lap 1 00:40.21(40.21)	Lap 2 01:32.56(52.35)	Lap 3 02:22.46(49.90)	Lap 4 03:10.15(47.69)				
Lap 5 04:03.62(53.47)	Lap 6 04:59.25(55.63)	Lap 7 05:43.47(44.22)	End 06:26.25(42.78)				
45 Siobhan HARRISON (WOWN)	(A)	(99) [50]	(06:43.68)	06:31.29	3.0	351 (397)	
Lap 1 00:42.11(42.11)	Lap 2 01:34.53(52.42)	Lap 3 02:23.65(49.12)	Lap 4 03:11.05(47.40)				
Lap 5 04:06.94(55.89)	Lap 6 05:04.91(57.97)	Lap 7 05:49.68(44.77)	End 06:31.29(41.61)				
46 Eden HARLOW (BLDM)	(A)	(99) [52]	(06:45.00)	06:39.07	1.4	328 (371)	
Lap 1 00:43.35(43.35)	Lap 2 01:39.38(56.03)	Lap 3 02:32.46(53.08)	Lap 4 03:23.01(50.55)				
Lap 5 04:17.22(54.21)	Lap 6 05:12.42(55.20)	Lap 7 05:56.89(44.47)	End 06:39.07(42.18)				
47 Kate DAVIES (BLDM)	(A)	(00) [60]	(07:19.50)	06:40.32	8.9	325 (368)	
48 Amy WARREN (BRMA)	(B)	(99) [53]	(06:45.50)	06:47.14	-0.4	306 (327)	
Lap 1 00:42.15(42.15)	Lap 2 01:38.96(56.81)	Lap 3 02:29.96(51.00)	Lap 4 03:19.90(49.94)				
Lap 5 04:19.43(59.53)	Lap 6 05:20.09(60.66)	Lap 7 06:04.41(44.32)	End 06:47.14(42.73)				
49 Chloe ANDREWS (BLDM)	(B)	(98) [57]	(06:55.00)	06:57.86	-0.6	279 (298)	
Lap 1 00:41.45(41.45)	Lap 2 01:36.73(55.28)	Lap 3 02:31.54(54.81)	Lap 4 03:28.34(56.80)				
Lap 5 04:27.53(59.19)	Lap 6 05:28.53(61.00)	Lap 7 06:13.67(45.14)	End 06:57.86(44.19)				



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
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50 Jessica PARKER (NUMM)	(A)	(00) [58]	(07:01.94)	07:02.91	-0.2	267 (302)
Lap 1 00:48.15(48.15)	Lap 2 01:48.09(59.94)	Lap 3 02:40.41(52.32)	Lap 4 03:33.79(53.38)			
Lap 5 04:33.11(59.32)	Lap 6 05:32.08(58.97)	Lap 7 06:18.69(46.61)	End 07:02.91(44.22)			
51 Lois WEST (BLDM)	(A)	(99) [59]	(07:15.45)	07:08.57	1.5	255 (288)
Laura RICHARDSON (BLDM)	(A)	(99) [56]	(06:50.15)	DSQ	False start	
Lap 1 00:45.26(45.26)	Lap 2 01:39.09(53.83)	Lap 3 02:25.93(46.84)	Lap 4 03:12.78(46.85)			
Lap 5 04:08.75(55.97)	Lap 6 05:05.26(56.51)	Lap 7 05:48.01(42.75)	End 00:00.00(-348.01)			

**Event 8: 400m Ind. Medley, Female, All Ages, HDW Level 3, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	Siobhan TAYLOR (SOLM)	(C)	(97)	[1]	(06:15.19)	06:04.67	2.8	441 (458)
	Lap 1 00:39.30(39.30)	Lap 2 01:25.92(46.62)	Lap 3 02:10.57(44.65)	Lap 4 02:54.12(43.55)				
	Lap 5 03:49.22(55.10)	Lap 6 04:44.12(54.90)	Lap 7 05:23.96(39.84)	End 06:04.67(40.71)				
2	Sophie IACOVIDES (DAVA)	(B)	(97)	[2]	(06:54.68)	06:20.37	8.2	385 (407)
3	Katerina JACKSON (COVM)	(B)	(98)	[3]	(07:10.50)	06:48.74	5.0	302 (323)
	Lap 1 00:42.95(42.95)	Lap 2 01:37.73(54.78)	Lap 3 02:29.60(51.87)	Lap 4 03:23.90(54.30)				
	Lap 5 04:19.42(55.52)	Lap 6 05:17.35(57.93)	Lap 7 06:05.03(47.68)	End 06:48.74(43.71)				
4	Imogen JONES (WALM)	(B)	(98)	[4]	(07:11.20)	07:00.17	2.5	274 (293)
5	April OCKWELL (BEKS)	(B)	(99)	[5]	(07:14.32)	07:17.05	-0.6	237 (253)

**Event 9: 800m Freestyle, Male, All Ages, HDW Level 2, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	David FELLOWS (BHMM)	(C)	(92)	[1]	(08:30.33)	08:24.57	1.1	786
	Lap 1 00:27.76(27.76)	Lap 2 00:57.52(29.76)	Lap 3 01:28.46(30.94)	Lap 4 01:59.70(31.24)				
	Lap 5 02:30.51(30.81)	Lap 6 03:01.83(31.32)	Lap 7 03:33.49(31.66)	Lap 8 04:05.15(31.66)				
	Lap 9 04:37.45(32.30)	Lap 10 05:09.79(32.34)	Lap 11 05:42.21(32.42)	Lap 12 06:15.07(32.86)				
	Lap 13 06:47.81(32.74)	Lap 14 07:20.38(32.57)	Lap 15 07:53.06(32.68)	End 08:24.57(31.51)				
2	Bradley LYNCH (BHMM)	(C)	(96)	[2]	(08:46.10)	08:37.60	1.6	736 (742)
	Lap 1 00:28.48(28.48)	Lap 2 00:59.91(31.43)	Lap 3 01:32.45(32.54)	Lap 4 02:04.93(32.48)				
	Lap 5 02:38.20(33.27)	Lap 6 03:10.97(32.77)	Lap 7 03:44.22(33.25)	Lap 8 04:17.03(32.81)				
	Lap 9 04:50.27(33.24)	Lap 10 05:23.33(33.06)	Lap 11 05:56.57(33.24)	Lap 12 06:29.75(33.18)				
	Lap 13 07:03.05(33.30)	Lap 14 07:35.94(32.89)	Lap 15 08:07.64(31.70)	End 08:37.60(29.96)				
3	Michael ROBINSON (WLVM)	(C)	(95)	[3]	(08:56.00)	08:57.40	-0.2	666 (670)
	Lap 1 00:28.99(28.99)	Lap 2 01:01.52(32.53)	Lap 3 01:34.64(33.12)	Lap 4 02:08.10(33.46)				
	Lap 5 02:41.36(33.26)	Lap 6 03:15.53(34.17)	Lap 7 03:49.37(33.84)	Lap 8 04:22.24(32.87)				
	Lap 9 04:56.80(34.56)	Lap 10 05:31.13(34.33)	Lap 11 06:05.21(34.08)	Lap 12 06:38.86(33.65)				
	Lap 13 07:15.06(36.20)	Lap 14 07:49.45(34.39)	Lap 15 08:25.54(36.09)	End 08:57.40(31.86)				
4	Tom WEBB (KILS)	(C)	(94)	[4]	(09:20.25)	09:03.17	3.0	647
	Lap 1 00:28.44(28.44)	Lap 2 01:00.26(31.82)	Lap 3 01:32.90(32.64)	Lap 4 02:06.22(33.32)				
	Lap 5 02:39.76(33.54)	Lap 6 03:13.49(33.73)	Lap 7 03:47.79(34.30)	Lap 8 04:22.31(34.52)				
	Lap 9 04:57.12(34.81)	Lap 10 05:32.19(35.07)	Lap 11 06:07.86(35.67)	Lap 12 06:43.55(35.69)				
	Lap 13 07:19.34(35.79)	Lap 14 07:55.02(35.68)	Lap 15 08:30.68(35.66)	End 09:03.17(32.49)				
5	George CROW (KILS)	(C)	(95)	[5]	(09:24.00)	09:18.85	0.9	598 (602)
	Lap 1 00:29.69(29.69)	Lap 2 01:02.16(32.47)	Lap 3 01:35.81(33.65)	Lap 4 02:10.15(34.34)				
	Lap 5 02:45.10(34.95)	Lap 6 03:20.38(35.28)	Lap 7 03:56.11(35.73)	Lap 8 04:32.17(36.06)				
	Lap 9 05:08.18(36.01)	Lap 10 05:44.23(36.05)	Lap 11 06:20.51(36.28)	Lap 12 06:56.45(35.94)				
	Lap 13 07:32.54(36.09)	Lap 14 08:08.55(36.01)	Lap 15 08:44.20(35.65)	End 09:18.85(34.65)				
6	Toby ROBINSON (WLVM)	(C)	(96)	[6]	(09:29.26)	09:22.50	1.1	587 (592)
	Lap 1 00:30.41(30.41)	Lap 2 01:04.60(34.19)	Lap 3 01:39.33(34.73)	Lap 4 02:14.70(35.37)				
	Lap 5 02:50.22(35.52)	Lap 6 03:25.74(35.52)	Lap 7 04:01.73(35.99)	Lap 8 04:37.04(35.31)				
	Lap 9 05:12.87(35.83)	Lap 10 05:49.28(36.41)	Lap 11 06:25.66(36.38)	Lap 12 07:01.71(36.05)				
	Lap 13 07:37.32(35.61)	Lap 14 08:13.66(36.34)	Lap 15 08:48.56(34.90)	End 09:22.50(33.94)				Correct
7	Tom SKINGSLEY (KILS)	(C)	(94)	[12]	(09:50.08)	09:25.69	4.1	577
	Lap 1 00:30.73(30.73)	Lap 2 01:05.39(34.66)	Lap 3 01:41.22(35.83)	Lap 4 02:15.91(34.69)				
	Lap 5 02:51.15(35.24)	Lap 6 03:26.85(35.70)	Lap 7 04:02.88(36.03)	Lap 8 04:38.84(35.96)				
	Lap 9 05:15.20(36.36)	Lap 10 05:51.52(36.32)	Lap 11 06:27.60(36.08)	Lap 12 07:03.96(36.36)				
	Lap 13 07:39.95(35.99)	Lap 14 08:16.13(36.18)	Lap 15 08:52.02(35.89)	End 09:25.69(33.67)				



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8 James ROOME (KILS)	(C)	(95) [11]	(09:50.00)	09:26.91	3.9	574 (578)	
Lap 1 00:30.64(30.64)	Lap 2 01:05.19(34.55)	Lap 3 01:41.03(35.84)	Lap 4 02:17.39(36.36)				
Lap 5 02:53.39(36.00)	Lap 6 03:29.46(36.07)	Lap 7 04:05.59(36.13)	Lap 8 04:41.88(36.29)				
Lap 9 05:18.47(36.59)	Lap 10 05:54.48(36.01)	Lap 11 06:30.83(36.35)	Lap 12 07:06.85(36.02)				
Lap 13 07:43.41(36.56)	Lap 14 08:19.31(35.90)	Lap 15 08:55.01(35.70)	End 09:26.91(31.90)				
9 Joshua WALKER (SSHM)	(C)	(95) [10]	(09:49.36)	09:27.13	3.7	573 (577)	
Lap 1 00:30.93(30.93)	Lap 2 01:05.02(34.09)	Lap 3 01:39.29(34.27)	Lap 4 02:14.31(35.02)				
Lap 5 02:49.42(35.11)	Lap 6 03:25.42(36.00)	Lap 7 04:01.74(36.32)	Lap 8 04:38.53(36.79)				
Lap 9 05:14.48(35.95)	Lap 10 05:50.49(36.01)	Lap 11 06:26.97(36.48)	Lap 12 07:04.34(37.37)				
Lap 13 07:40.89(36.55)	Lap 14 08:17.32(36.43)	Lap 15 08:52.95(35.63)	End 09:27.13(34.18)				
10 Connor OATES (HAHM)	(C)	(95) [8]	(09:37.68)	09:32.78	0.8	557 (561)	
Lap 1 00:31.64(31.64)	Lap 2 01:06.68(35.04)	Lap 3 01:42.45(35.77)	Lap 4 02:18.64(36.19)				
Lap 5 02:54.63(35.99)	Lap 6 03:30.88(36.25)	Lap 7 04:07.48(36.60)	Lap 8 04:44.21(36.73)				
Lap 9 05:20.86(36.65)	Lap 10 05:57.25(36.39)	Lap 11 06:33.69(36.44)	Lap 12 07:09.94(36.25)				
Lap 13 07:46.07(36.13)	Lap 14 08:22.36(36.29)	Lap 15 08:58.38(36.02)	End 09:32.78(34.40)				
11 Walter MEREDITH (LUDM)	(C)	(95) [9]	(09:47.89)	09:40.66	1.2	535 (538)	
Lap 1 00:30.87(30.87)	Lap 2 01:05.62(34.75)	Lap 3 01:40.65(35.03)	Lap 4 02:15.87(35.22)				
Lap 5 02:51.84(35.97)	Lap 6 03:28.86(37.02)	Lap 7 04:05.74(36.88)	Lap 8 04:42.83(37.09)				
Lap 9 05:20.05(37.22)	Lap 10 05:58.27(38.22)	Lap 11 06:35.83(37.56)	Lap 12 07:14.19(38.36)				
Lap 13 07:50.55(36.36)	Lap 14 08:29.20(38.65)	Lap 15 09:06.16(36.96)	End 09:40.66(34.50)				
12 Anthony RYAN (CARN)	(C)	(95) [15]	(10:10.09)	09:42.75	4.4	530 (533)	
Lap 1 00:29.94(29.94)	Lap 2 01:05.29(35.35)	Lap 3 01:41.80(36.51)	Lap 4 02:18.77(36.97)				
Lap 5 02:55.17(36.40)	Lap 6 03:31.57(36.40)	Lap 7 04:08.70(37.13)	Lap 8 04:45.01(36.31)				
Lap 9 05:22.06(37.05)	Lap 10 05:59.41(37.35)	Lap 11 06:36.55(37.14)	Lap 12 07:14.33(37.78)				
Lap 13 07:52.07(37.74)	Lap 14 08:30.07(38.00)	Lap 15 09:07.21(37.14)	End 09:42.75(35.54)				
13 Aaron KIRCHIN-BROWN (WOWN)	(B)	(97) [16]	(10:10.29)	09:45.02	4.1	524 (537)	
Lap 1 00:32.76(32.76)	Lap 2 01:08.98(36.22)	Lap 3 01:45.64(36.66)	Lap 4 02:22.33(36.69)				
Lap 5 02:59.08(36.75)	Lap 6 03:36.03(36.95)	Lap 7 04:12.55(36.52)	Lap 8 04:49.11(36.56)				
Lap 9 05:26.28(37.17)	Lap 10 06:03.28(37.00)	Lap 11 06:40.72(37.44)	Lap 12 07:18.07(37.35)				
Lap 13 07:55.07(37.00)	Lap 14 08:32.29(37.22)	Lap 15 09:09.11(36.82)	End 09:45.02(35.91)				Correct
14 Ben GALLANT (DTDM)	(C)	(95) [21]	(10:22.44)	09:50.83	5.0	509	
Lap 1 00:31.40(31.40)	Lap 2 01:07.17(35.77)	Lap 3 01:43.45(36.28)	Lap 4 02:20.17(36.72)				
Lap 5 02:57.02(36.85)	Lap 6 03:34.47(37.45)	Lap 7 04:12.24(37.77)	Lap 8 04:50.40(38.16)				
Lap 9 05:28.19(37.79)	Lap 10 06:05.73(37.54)	Lap 11 06:43.52(37.79)	Lap 12 07:21.41(37.89)				
Lap 13 07:59.46(38.05)	Lap 14 08:37.28(37.82)	Lap 15 09:15.14(37.86)	End 09:50.83(35.69)				
15 Reiss SEYMOUR (CHSM)	(C)	(97) [17]	(10:15.27)	09:58.97	2.6	488 (492)	
Lap 1 00:32.43(32.43)	Lap 2 01:08.29(35.86)	Lap 3 01:45.33(37.04)	Lap 4 02:22.42(37.09)				
Lap 5 02:59.71(37.29)	Lap 6 03:37.37(37.66)	Lap 7 04:16.07(38.70)	Lap 8 04:54.12(38.05)				
Lap 9 05:32.88(38.76)	Lap 10 06:11.87(38.99)	Lap 11 06:50.52(38.65)	Lap 12 07:28.98(38.46)				
Lap 13 08:07.65(38.67)	Lap 14 08:45.72(38.07)	Lap 15 09:23.60(37.88)	End 09:58.97(35.37)				
16 Edward CASWELL (SSHM)	(C)	(97) [19]	(10:20.51)	10:00.82	3.1	484 (488)	
Lap 1 00:32.81(32.81)	Lap 2 01:09.89(37.08)	Lap 3 01:47.95(38.06)	Lap 4 02:25.69(37.74)				
Lap 5 03:03.75(38.06)	Lap 6 03:42.22(38.47)	Lap 7 04:19.98(37.76)	Lap 8 04:58.30(38.32)				
Lap 9 05:36.19(37.89)	Lap 10 06:14.75(38.56)	Lap 11 06:53.00(38.25)	Lap 12 07:31.35(38.35)				
Lap 13 08:10.63(39.28)	Lap 14 08:48.56(37.93)	Lap 15 09:26.27(37.71)	End 10:00.82(34.55)				
17 Jason ROBERTS (APXM)	(C)	(96) [24]	(10:37.71)	10:03.93	5.2	476 (480)	
Lap 1 00:34.19(34.19)	Lap 2 01:11.67(37.48)	Lap 3 01:49.44(37.77)	Lap 4 02:27.18(37.74)				
Lap 5 03:05.04(37.86)	Lap 6 03:43.41(38.37)	Lap 7 04:21.54(38.13)	Lap 8 04:59.99(38.45)				
Lap 9 05:38.43(38.44)	Lap 10 06:16.65(38.22)	Lap 11 06:55.27(38.62)	Lap 12 07:33.76(38.49)				
Lap 13 08:11.50(37.74)	Lap 14 08:49.68(38.18)	Lap 15 09:28.09(38.41)	End 10:03.93(35.84)				
18 Luke GREENWOOD (CALA)	(B)	(97) [14]	(10:05.48)	10:09.50	-0.6	463 (475)	
Lap 1 00:33.47(33.47)	Lap 2 01:10.43(36.96)	Lap 3 01:48.38(37.95)	Lap 4 02:26.40(38.02)				
Lap 5 03:04.83(38.43)	Lap 6 03:42.92(38.09)	Lap 7 04:20.64(37.72)	Lap 8 04:58.79(38.15)				
Lap 9 05:37.38(38.59)	Lap 10 06:16.68(39.30)	Lap 11 06:55.61(38.93)	Lap 12 07:35.36(39.75)				
Lap 13 08:12.86(37.50)	Lap 14 08:52.62(39.76)	Lap 15 09:31.85(39.23)	End 10:09.50(37.65)				
19 Charlie FOX (KILS)	(B)	(97) [18]	(10:17.00)	10:10.40	1.0	461 (473)	
Lap 1 00:33.76(33.76)	Lap 2 01:11.09(37.33)	Lap 3 01:49.58(38.49)	Lap 4 02:28.30(38.72)				
Lap 5 03:06.88(38.58)	Lap 6 03:45.41(38.53)	Lap 7 04:23.98(38.57)	Lap 8 05:02.75(38.77)				
Lap 9 05:41.08(38.33)	Lap 10 06:19.59(38.51)	Lap 11 06:59.06(39.47)	Lap 12 07:38.24(39.18)				
Lap 13 08:16.96(38.72)	Lap 14 08:55.72(38.76)	Lap 15 09:34.19(38.47)	End 10:10.40(36.21)				



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20 Braiden HARTLES (REDM)	(B)	(97) [22]	(10:34.46)	10:15.39	3.0	449 (461)	
Lap 1 00:33.76(33.76)	Lap 2 01:11.39(37.63)	Lap 3 01:50.23(38.84)	Lap 4 02:28.72(38.49)				
Lap 5 03:07.48(38.76)	Lap 6 03:47.28(39.80)	Lap 7 04:26.88(39.60)	Lap 8 05:05.82(38.94)				
Lap 9 05:44.71(38.89)	Lap 10 06:24.14(39.43)	Lap 11 07:04.39(40.25)	Lap 12 07:43.08(38.69)				
Lap 13 08:22.16(39.08)	Lap 14 09:00.62(38.46)	Lap 15 09:39.32(38.70)	End 10:15.39(36.07)				Correct
21 Alex BROWN (WELM)	(C)	(91) [7]	(09:34.44)	10:18.46	-7.6	442	
Lap 1 00:32.70(32.70)	Lap 2 01:08.67(35.97)	Lap 3 01:45.78(37.11)	Lap 4 02:23.90(38.12)				
Lap 5 03:01.97(38.07)	Lap 6 03:40.31(38.34)	Lap 7 04:18.92(38.61)	Lap 8 04:58.20(39.28)				
Lap 9 05:37.42(39.22)	Lap 10 06:16.72(39.30)	Lap 11 06:56.96(40.24)	Lap 12 07:37.10(40.14)				
Lap 13 08:17.38(40.28)	Lap 14 08:57.74(40.36)	Lap 15 09:38.44(40.70)	End 10:18.46(40.02)				
22 Sam CAVE (DTDM)	(B)	(97) [20]	(10:21.66)	10:21.40	0.0	436 (447)	
Lap 1 00:33.13(33.13)	Lap 2 01:11.73(38.60)	Lap 3 01:50.11(38.38)	Lap 4 02:29.91(39.80)				
Lap 5 03:10.17(40.26)	Lap 6 03:49.11(38.94)	Lap 7 04:29.75(40.64)	Lap 8 05:09.91(40.16)				
Lap 9 05:49.22(39.31)	Lap 10 06:29.01(39.79)	Lap 11 07:10.25(41.24)	Lap 12 07:49.03(38.78)				
Lap 13 08:26.84(37.81)	Lap 14 09:07.72(40.88)	Lap 15 09:46.01(38.29)	End 10:21.40(35.39)				
23 Bradley HINBEST (CREN)	(B)	(97) [23]	(10:37.64)	10:22.25	2.4	434 (445)	
Lap 1 00:34.72(34.72)	Lap 2 01:11.93(37.21)	Lap 3 01:50.24(38.31)	Lap 4 02:28.81(38.57)				
Lap 5 03:07.95(39.14)	Lap 6 03:46.78(38.83)	Lap 7 04:27.02(40.24)	Lap 8 05:07.01(39.99)				
Lap 9 05:46.45(39.44)	Lap 10 06:26.47(40.02)	Lap 11 07:06.84(40.37)	Lap 12 07:46.37(39.53)				
Lap 13 08:26.49(40.12)	Lap 14 09:06.18(39.69)	Lap 15 09:46.12(39.94)	End 10:22.25(36.13)				
24 William BEAVAN (PION)	(B)	(98) [26]	(10:44.90)	10:22.31	3.5	434 (451)	
Lap 1 00:34.43(34.43)	Lap 2 01:13.45(39.02)	Lap 3 01:52.82(39.37)	Lap 4 02:31.94(39.12)				
Lap 5 03:12.34(40.40)	Lap 6 03:51.80(39.46)	Lap 7 04:31.22(39.42)	Lap 8 05:10.31(39.09)				
Lap 9 05:50.19(39.88)	Lap 10 06:30.02(39.83)	Lap 11 07:09.33(39.31)	Lap 12 07:48.60(39.27)				
Lap 13 08:27.85(39.25)	Lap 14 09:06.54(38.69)	Lap 15 09:45.43(38.89)	End 10:22.31(36.88)				
25 Liam MCGURCK (BHMM)	(B)	(98) [25]	(10:40.27)	10:25.67	2.2	427 (444)	
Lap 1 00:34.38(34.38)	Lap 2 01:13.02(38.64)	Lap 3 01:52.69(39.67)	Lap 4 02:32.29(39.60)				
Lap 5 03:11.95(39.66)	Lap 6 03:51.90(39.95)	Lap 7 04:32.08(40.18)	Lap 8 05:11.73(39.65)				
Lap 9 05:51.66(39.93)	Lap 10 06:31.61(39.95)	Lap 11 07:11.25(39.64)	Lap 12 07:51.23(39.98)				
Lap 13 08:31.18(39.95)	Lap 14 09:10.34(39.16)	Lap 15 09:48.91(38.57)	End 10:25.67(36.76)				
26 Tom DERBYSHIRE (APXM)	(B)	(98) [28]	(11:06.56)	10:33.36	4.9	410 (426)	
Lap 1 00:35.60(35.60)	Lap 2 01:14.65(39.05)	Lap 3 01:54.82(40.17)	Lap 4 02:34.68(39.86)				
Lap 5 03:14.99(40.31)	Lap 6 03:55.30(40.31)	Lap 7 04:35.97(40.67)	Lap 8 05:16.33(40.36)				
Lap 9 05:56.16(39.83)	Lap 10 06:36.15(39.99)	Lap 11 07:16.62(40.47)	Lap 12 07:57.01(40.39)				
Lap 13 08:36.61(39.60)	Lap 14 09:16.43(39.82)	Lap 15 09:56.23(39.80)	End 10:33.36(37.13)				
27 Ben PEFFERS (NUNM)	(B)	(97) [30]	(11:10.57)	10:33.85	5.4	409 (420)	
Lap 1 00:35.39(35.39)	Lap 2 01:14.94(39.55)	Lap 3 01:55.84(40.90)	Lap 4 02:36.12(40.28)				
Lap 5 03:16.37(40.25)	Lap 6 03:56.71(40.34)	Lap 7 04:36.62(39.91)	Lap 8 05:16.62(40.00)				
Lap 9 05:56.43(39.81)	Lap 10 06:36.16(39.73)	Lap 11 07:15.89(39.73)	Lap 12 07:56.31(40.42)				
Lap 13 08:36.22(39.91)	Lap 14 09:15.98(39.76)	Lap 15 09:55.92(39.94)	End 10:33.85(37.93)				
28 John CRAWFORD (CHRN)	(C)	(97) [29]	(11:08.19)	10:39.55	4.2	398 (401)	
Lap 1 00:34.77(34.77)	Lap 2 01:13.12(38.35)	Lap 3 01:52.88(39.76)	Lap 4 02:33.51(40.63)				
Lap 5 03:14.94(41.43)	Lap 6 03:55.68(40.74)	Lap 7 04:36.94(41.26)	Lap 8 05:16.96(40.02)				
Lap 9 05:57.04(40.08)	Lap 10 06:37.71(40.67)	Lap 11 07:18.36(40.65)	Lap 12 07:59.01(40.65)				
Lap 13 08:40.46(41.45)	Lap 14 09:20.72(40.26)	Lap 15 10:01.74(41.02)	End 10:39.55(37.81)				Correct
29 Adam HORTON (STRM)	(B)	(97) [27]	(10:45.69)	10:41.21	0.6	394 (404)	
Lap 1 00:34.91(34.91)	Lap 2 01:14.44(39.53)	Lap 3 01:55.32(40.88)	Lap 4 02:35.43(40.11)				
Lap 5 03:16.20(40.77)	Lap 6 03:56.61(40.41)	Lap 7 04:37.70(41.09)	Lap 8 05:20.30(42.60)				
Lap 9 06:00.03(39.73)	Lap 10 06:40.86(40.83)	Lap 11 07:21.82(40.96)	Lap 12 08:03.19(41.37)				
Lap 13 08:42.03(38.84)	Lap 14 09:23.07(41.04)	Lap 15 10:02.66(39.59)	End 10:41.21(38.55)				
30 Harry FOX (KILS)	(B)	(99) [31]	(11:20.07)	11:07.52	1.8	345 (359)	
Lap 1 00:36.08(36.08)	Lap 2 01:16.94(40.86)	Lap 3 01:57.82(40.88)	Lap 4 02:39.60(41.78)				
Lap 5 03:22.36(42.76)	Lap 6 04:03.82(41.46)	Lap 7 04:47.02(43.20)	Lap 8 05:29.54(42.52)				
Lap 9 06:13.26(43.72)	Lap 10 06:55.27(42.01)	Lap 11 07:38.81(43.54)	Lap 12 08:21.66(42.85)				
Lap 13 09:04.24(42.58)	Lap 14 09:46.94(42.70)	Lap 15 10:28.96(42.02)	End 11:07.52(38.56)				
31 Ashley CLARK (APXM)	(B)	(99) [33]	(11:56.05)	11:22.64	4.6	320 (333)	
Lap 1 00:38.75(38.75)	Lap 2 01:21.15(42.40)	Lap 3 02:04.31(43.16)	Lap 4 02:47.07(42.76)				
Lap 5 03:30.41(43.34)	Lap 6 04:14.29(43.88)	Lap 7 04:57.19(42.90)	Lap 8 05:40.79(43.60)				
Lap 9 06:24.12(43.33)	Lap 10 07:07.52(43.40)	Lap 11 07:50.68(43.16)	Lap 12 08:34.03(43.35)				
Lap 13 09:17.21(43.18)	Lap 14 10:01.08(43.87)	Lap 15 10:43.15(42.07)	End 11:22.64(39.49)				



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32 Sam COOPER (WOWN)	(B)	(98) [32]	(11:46.64)	11:25.65	2.9	315 (328)
Lap 1 00:37.18(37.18)	Lap 2 01:19.57(42.39)	Lap 3 02:02.12(42.55)	Lap 4 02:45.67(43.55)	Lap 5 03:29.06(43.39)	Lap 6 04:12.82(43.76)	Lap 7 04:56.73(43.91)
Lap 8 05:40.83(44.10)	Lap 9 06:24.17(43.34)	Lap 10 07:08.77(44.60)	Lap 11 07:52.38(43.61)	Lap 12 08:36.36(43.98)	Lap 13 09:19.92(43.56)	End 11:25.65(38.93)
33 Daniel RYAN (CARN)	(B)	(98) [35]	(12:15.39)	11:36.00	5.3	299 (311)
Lap 1 00:38.49(38.49)	Lap 2 01:23.01(44.52)	Lap 3 02:06.98(43.97)	Lap 4 02:51.97(44.99)	Lap 5 03:37.40(45.43)	Lap 6 04:22.77(45.37)	Lap 7 05:08.10(45.33)
Lap 8 05:53.53(45.43)	Lap 9 06:38.81(45.28)	Lap 10 07:25.46(46.65)	Lap 11 08:11.30(45.84)	Lap 12 08:57.24(45.94)	Lap 13 09:43.71(46.47)	End 11:36.00(22.28)
34 Dominic CRAWLEY (WOWN)	(B)	(98) [36]	(12:30.00)	11:54.46	4.7	272 (283)
Lap 1 00:38.83(38.83)	Lap 2 01:22.96(44.13)	Lap 3 02:06.61(43.65)	Lap 4 02:50.98(44.37)	Lap 5 03:34.70(43.72)	Lap 6 04:18.28(43.58)	Lap 7 05:02.61(44.33)
Lap 8 05:46.31(43.70)	Lap 9 06:30.51(44.20)	Lap 10 07:15.17(44.66)	Lap 11 07:59.67(44.50)	Lap 12 08:43.42(43.75)	Lap 13 09:28.02(44.60)	End 11:54.46(59.13)
35 Harry JONES (WALM)	(A)	(00) [37]	(13:21.08)	12:37.79	5.4	219 (241)
Lap 1 00:42.15(42.15)	Lap 2 01:27.80(45.65)	Lap 3 02:13.44(45.64)	Lap 4 03:00.00(46.56)	Lap 5 03:46.33(46.33)	Lap 6 04:31.58(45.25)	Lap 7 05:17.48(45.90)
Lap 8 06:03.09(45.61)	Lap 9 06:49.27(46.18)	Lap 10 07:34.74(45.47)	Lap 11 08:20.33(45.59)	Lap 12 09:05.90(45.57)	Lap 13 09:51.24(45.34)	End 12:37.79(77.41)

**Event 10: 800m Freestyle, Male, All Ages, HDW Level 3, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	Alex JENKINS (KAQM)	(C)	(94)	[1]	(10:33.10)	10:23.15	1.5	432
Lap 1	00:33.81(33.81)	Lap 2	01:11.66(37.85)	Lap 3	01:50.96(39.30)	Lap 4	02:30.52(39.56)	
Lap 5	03:10.19(39.67)	Lap 6	03:49.93(39.74)	Lap 7	04:29.55(39.62)	Lap 8	05:09.52(39.97)	
Lap 9	05:49.23(39.71)	Lap 10	06:29.50(40.27)	Lap 11	07:09.39(39.89)	Lap 12	07:49.38(39.99)	
Lap 13	08:28.78(39.40)	Lap 14	09:08.65(39.87)	Lap 15	09:47.77(39.12)	End	10:23.15(35.38)	
2	Alex MERCHAN (KILS)	(C)	(96)	[3]	(11:33.10)	10:45.34	6.8	386 (389)
Lap 1	00:35.87(35.87)	Lap 2	01:16.23(40.36)	Lap 3	01:56.02(39.79)	Lap 4	02:36.55(40.53)	
Lap 5	03:16.63(40.08)	Lap 6	03:57.48(40.85)	Lap 7	04:38.61(41.13)	Lap 8	05:19.85(41.24)	
Lap 9	06:01.18(41.33)	Lap 10	06:42.13(40.95)	Lap 11	07:23.55(41.42)	Lap 12	08:05.13(41.58)	
Lap 13	08:46.14(41.01)	Lap 14	09:26.74(40.60)	Lap 15	10:08.14(41.40)	End	10:45.34(37.20)	
3	Alex MARTIN (FOXM)	(C)	(96)	[2]	(11:32.20)	11:05.20	3.9	349 (352)
Lap 1	00:36.03(36.03)	Lap 2	01:16.86(40.83)	Lap 3	01:57.91(41.05)	Lap 4	02:39.36(41.45)	
Lap 5	03:21.19(41.83)	Lap 6	04:02.69(41.50)	Lap 7	04:45.28(42.59)	Lap 8	05:27.76(42.48)	
Lap 9	06:09.76(42.00)	Lap 10	06:51.92(42.16)	Lap 11	07:34.91(42.99)	Lap 12	08:17.84(42.93)	
Lap 13	09:00.45(42.61)	Lap 14	09:42.48(42.03)	Lap 15	10:24.57(42.09)	End	11:05.20(40.63)	
4	David JENKINS (KAQM)	(B)	(98)	[4]	(12:39.90)	12:39.72	0.0	217 (223)
Lap 1	00:40.02(40.02)	Lap 2	01:24.58(44.56)	Lap 3	02:09.45(44.87)	Lap 4	02:54.30(44.85)	
Lap 5	03:39.48(45.18)	Lap 6	04:24.97(45.49)	Lap 7	05:09.68(44.71)	Lap 8	05:54.38(44.70)	
Lap 9	06:39.46(45.08)	Lap 10	07:25.03(45.57)	Lap 11	08:09.95(44.92)	Lap 12	08:54.88(44.93)	
Lap 13	09:40.94(46.06)	Lap 14	10:25.13(44.19)	Lap 15	11:10.19(45.06)	End	12:39.72(89.53)	

**Event 11: 800m Freestyle, Female, All Ages, HDW Level 2, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	Katie RICHARDSON (BHMM)	(C)	(96)	[2]	(09:37.79)	09:32.86	0.8	683 (687)
Lap 1	00:32.13(32.13)	Lap 2	01:07.26(35.13)	Lap 3	01:43.15(35.89)	Lap 4	02:19.17(36.02)	
Lap 5	02:55.13(35.96)	Lap 6	03:31.10(35.97)	Lap 7	04:07.61(36.51)	Lap 8	04:43.96(36.35)	
Lap 9	05:20.27(36.31)	Lap 10	05:56.92(36.65)	Lap 11	06:33.04(36.12)	Lap 12	07:09.47(36.43)	
Lap 13	07:45.96(36.49)	Lap 14	08:22.48(36.52)	Lap 15	08:58.76(36.28)	End	09:32.86(34.10)	
2	Charlotte CHESHIRE (COVM)	(C)	(92)	[3]	(09:40.00)	09:33.15	1.1	682
Lap 1	00:33.01(33.01)	Lap 2	01:09.06(36.05)	Lap 3	01:45.90(36.84)	Lap 4	02:22.34(36.44)	
Lap 5	02:58.98(36.64)	Lap 6	03:35.12(36.14)	Lap 7	04:11.60(36.48)	Lap 8	04:47.64(36.04)	
Lap 9	05:23.49(35.85)	Lap 10	05:59.41(35.92)	Lap 11	06:35.59(36.18)	Lap 12	07:11.49(35.90)	
Lap 13	07:47.30(35.81)	Lap 14	08:23.47(36.17)	Lap 15	08:59.08(35.61)	End	09:33.15(34.07)	
3	Stephanie SHILTON (NUNM)	(C)	(96)	[8]	(09:56.97)	09:40.58	2.7	658 (662)



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**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

Lap 1	00:32.62(32.62)	Lap 2	01:09.54(36.92)	Lap 3	01:46.38(36.84)	Lap 4	02:23.32(36.94)
Lap 5	02:59.79(36.47)	Lap 6	03:36.42(36.63)	Lap 7	04:12.92(36.50)	Lap 8	04:49.50(36.58)
Lap 9	05:26.18(36.68)	Lap 10	06:03.01(36.83)	Lap 11	06:39.70(36.69)	Lap 12	07:16.36(36.66)
Lap 13	07:52.91(36.55)	Lap 14	08:29.64(36.73)	Lap 15	09:05.81(36.17)	End	09:40.58(34.77)
4 Tamzin FINN (NUNM)	(C) (95) [16]	(10:25.50)	09:40.59	7.1	658		
Lap 1	00:31.63(31.63)	Lap 2	01:06.71(35.08)	Lap 3	01:42.50(35.79)	Lap 4	02:18.73(36.23)
Lap 5	02:55.06(36.33)	Lap 6	03:32.12(37.06)	Lap 7	04:09.37(37.25)	Lap 8	04:46.63(37.26)
Lap 9	05:23.97(37.34)	Lap 10	06:01.17(37.20)	Lap 11	06:38.98(37.81)	Lap 12	07:16.80(37.82)
Lap 13	07:54.26(37.46)	Lap 14	08:29.93(35.67)	Lap 15	09:06.14(36.21)	End	09:40.59(34.45)
5 Isabella FOX (HERM)	(C) (94) [4]	(09:46.21)	09:42.30	0.6	653		
Lap 1	00:32.33(32.33)	Lap 2	01:07.48(35.15)	Lap 3	01:43.30(35.82)	Lap 4	02:19.53(36.23)
Lap 5	02:56.16(36.63)	Lap 6	03:33.21(37.05)	Lap 7	04:09.82(36.61)	Lap 8	04:46.56(36.74)
Lap 9	05:23.68(37.12)	Lap 10	06:01.10(37.42)	Lap 11	06:38.39(37.29)	Lap 12	07:16.05(37.66)
Lap 13	07:53.00(36.95)	Lap 14	08:30.31(37.31)	Lap 15	09:07.21(36.90)	End	09:42.30(35.09)
6 Danielle ROOKE (KILS)	(C) (96) [10]	(09:59.10)	09:44.53	2.4	646 (650)		
Lap 1	00:32.26(32.26)	Lap 2	01:07.43(35.17)	Lap 3	01:43.59(36.16)	Lap 4	02:20.05(36.46)
Lap 5	02:56.78(36.73)	Lap 6	03:33.82(37.04)	Lap 7	04:10.78(36.96)	Lap 8	04:47.83(37.05)
Lap 9	05:24.98(37.15)	Lap 10	06:02.13(37.15)	Lap 11	06:39.48(37.35)	Lap 12	07:16.52(37.04)
Lap 13	07:53.98(37.46)	Lap 14	08:31.59(37.61)	Lap 15	09:08.90(37.31)	End	09:44.53(35.63) Correct
7 Natalie CLARKE (COVM)	(C) (97) [7]	(09:50.60)	09:46.50	0.6	640 (644)		
Lap 1	00:31.72(31.72)	Lap 2	01:07.87(36.15)	Lap 3	01:44.93(37.06)	Lap 4	02:22.15(37.22)
Lap 5	02:59.58(37.43)	Lap 6	03:36.41(36.83)	Lap 7	04:13.38(36.97)	Lap 8	04:50.49(37.11)
Lap 9	05:27.65(37.16)	Lap 10	06:04.88(37.23)	Lap 11	06:42.50(37.62)	Lap 12	07:19.73(37.23)
Lap 13	07:57.11(37.38)	Lap 14	08:34.07(36.96)	Lap 15	09:10.91(36.84)	End	09:46.50(35.59)
8 Sophie SMITH-JONES (APXM)	(C) (96) [9]	(09:58.44)	09:54.35	0.6	617 (621)		
Lap 1	00:33.27(33.27)	Lap 2	01:09.36(36.09)	Lap 3	01:46.23(36.87)	Lap 4	02:23.30(37.07)
Lap 5	03:00.36(37.06)	Lap 6	03:37.58(37.22)	Lap 7	04:15.02(37.44)	Lap 8	04:52.70(37.68)
Lap 9	05:30.66(37.96)	Lap 10	06:08.51(37.85)	Lap 11	06:46.71(38.20)	Lap 12	07:24.80(38.09)
Lap 13	08:02.62(37.82)	Lap 14	08:40.42(37.80)	Lap 15	09:18.06(37.64)	End	09:54.35(36.29)
9 Julia BRAYBROOKE (KILS)	(C) (86) [12]	(10:04.56)	09:58.77	0.9	605		
Lap 1	00:33.24(33.24)	Lap 2	01:09.56(36.32)	Lap 3	01:46.68(37.12)	Lap 4	02:23.77(37.09)
Lap 5	03:01.41(37.64)	Lap 6	03:39.01(37.60)	Lap 7	04:16.95(37.94)	Lap 8	04:55.20(38.25)
Lap 9	05:33.50(38.30)	Lap 10	06:11.58(38.08)	Lap 11	06:49.78(38.20)	Lap 12	07:27.94(38.16)
Lap 13	08:06.48(38.54)	Lap 14	08:44.56(38.08)	Lap 15	09:22.74(38.18)	End	09:58.77(36.03)
10 Shannon DONOVAN (COVM)	(C) (96) [11]	(10:04.00)	09:59.45	0.7	603 (607)		
Lap 1	00:33.97(33.97)	Lap 2	01:11.64(37.67)	Lap 3	01:49.76(38.12)	Lap 4	02:27.67(37.91)
Lap 5	03:05.58(37.91)	Lap 6	03:42.99(37.41)	Lap 7	04:20.25(37.26)	Lap 8	04:57.93(37.68)
Lap 9	05:35.73(37.80)	Lap 10	06:13.74(38.01)	Lap 11	06:51.60(37.86)	Lap 12	07:29.71(38.11)
Lap 13	08:07.29(37.58)	Lap 14	08:45.68(38.39)	Lap 15	09:23.33(37.65)	End	09:59.45(36.12)
11 Rebecca HAWTHORN (NRHM)	(B) (97) [15]	(10:16.36)	10:13.94	0.3	563 (581)		
Lap 1	00:33.46(33.46)	Lap 2	01:11.42(37.96)	Lap 3	01:50.08(38.66)	Lap 4	02:28.25(38.17)
Lap 5	03:06.73(38.48)	Lap 6	03:45.53(38.80)	Lap 7	04:24.42(38.89)	Lap 8	05:03.20(38.78)
Lap 9	05:42.19(38.99)	Lap 10	06:21.45(39.26)	Lap 11	07:00.91(39.46)	Lap 12	07:39.98(39.07)
Lap 13	08:18.73(38.75)	Lap 14	08:58.03(39.30)	Lap 15	09:36.64(38.61)	End	10:13.94(37.30)
12 Bethany BAKER (CHSM)	(B) (97) [14]	(10:15.33)	10:16.71	-0.2	556 (574)		
Lap 1	00:33.73(33.73)	Lap 2	01:11.91(38.18)	Lap 3	01:50.32(38.41)	Lap 4	02:28.46(38.14)
Lap 5	03:07.51(39.05)	Lap 6	03:46.29(38.78)	Lap 7	04:25.40(39.11)	Lap 8	05:04.70(39.30)
Lap 9	05:44.08(39.38)	Lap 10	06:23.51(39.43)	Lap 11	07:02.86(39.35)	Lap 12	07:42.51(39.65)
Lap 13	08:21.88(39.37)	Lap 14	09:01.41(39.53)	Lap 15	09:40.13(38.72)	End	10:16.71(36.58)
13 Jessica FITTON (NUNM)	(B) (97) [17]	(10:30.92)	10:23.86	1.1	538 (555)		
Lap 1	00:33.44(33.44)	Lap 2	01:11.05(37.61)	Lap 3	01:50.23(39.18)	Lap 4	02:29.85(39.62)
Lap 5	03:09.41(39.56)	Lap 6	03:49.32(39.91)	Lap 7	04:29.62(40.30)	Lap 8	05:09.52(39.90)
Lap 9	05:49.34(39.82)	Lap 10	06:29.82(40.48)	Lap 11	07:09.47(39.65)	Lap 12	07:48.75(39.28)
Lap 13	08:28.38(39.63)	Lap 14	09:08.10(39.72)	Lap 15	09:46.77(38.67)	End	10:23.86(37.09)
14 Megan BOND (WLVM)	(B) (97) [19]	(10:39.49)	10:25.60	2.1	533 (550)		
Lap 1	00:33.26(33.26)	Lap 2	01:10.75(37.49)	Lap 3	01:49.29(38.54)	Lap 4	02:27.67(38.38)
Lap 5	03:07.28(39.61)	Lap 6	03:48.25(40.97)	Lap 7	04:28.78(40.53)	Lap 8	05:10.00(41.22)
Lap 9	05:51.00(41.00)	Lap 10	06:31.08(40.08)	Lap 11	07:10.93(39.85)	Lap 12	07:50.84(39.91)
Lap 13	08:31.09(40.25)	Lap 14	09:10.25(39.16)	Lap 15	09:48.94(38.69)	End	10:25.60(36.66)
15 Sarah KING (NUNM)	(B) (97) [21]	(10:55.00)	10:30.34	3.7	521 (538)		



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Lap 1	00:35.00(35.00)	Lap 2	01:13.90(38.90)	Lap 3	01:53.55(39.65)	Lap 4	02:32.99(39.44)
Lap 5	03:12.91(39.92)	Lap 6	03:53.43(40.52)	Lap 7	04:33.85(40.42)	Lap 8	05:13.88(40.03)
Lap 9	05:54.54(40.66)	Lap 10	06:34.58(40.04)	Lap 11	07:15.10(40.52)	Lap 12	07:54.67(39.57)
Lap 13	08:34.86(40.19)	Lap 14	09:14.91(40.05)	Lap 15	09:53.90(38.99)	End	10:30.34(36.44)
16 Chloe GREGORY (WLVM)	(B)	(98) [24]	(10:34.30)	10:39.39	-0.8	500 (516)	
Lap 1	00:34.35(34.35)	Lap 2	01:13.12(38.77)	Lap 3	01:52.92(39.80)	Lap 4	02:33.60(40.68)
Lap 5	03:14.17(40.57)	Lap 6	03:55.25(41.08)	Lap 7	04:35.65(40.40)	Lap 8	05:16.77(41.12)
Lap 9	05:57.95(41.18)	Lap 10	06:39.62(41.67)	Lap 11	07:20.70(41.08)	Lap 12	08:01.04(40.34)
Lap 13	08:41.87(40.83)	Lap 14	09:21.90(40.03)	Lap 15	10:01.13(39.23)	End	10:39.39(38.26)
17 Kauita GADDU (PBEM)	(C)	(95) [22]	(10:55.80)	10:43.44	1.8	490	
Lap 1	00:35.22(35.22)	Lap 2	01:13.84(38.62)	Lap 3	01:53.62(39.78)	Lap 4	02:33.46(39.84)
Lap 5	03:13.43(39.97)	Lap 6	03:53.34(39.91)	Lap 7	04:33.82(40.48)	Lap 8	05:14.74(40.92)
Lap 9	05:55.58(40.84)	Lap 10	06:36.23(40.65)	Lap 11	07:17.36(41.13)	Lap 12	07:58.54(41.18)
Lap 13	08:39.80(41.26)	Lap 14	09:22.28(42.48)	Lap 15	10:04.82(42.54)	End	10:43.44(38.62) Correct
18 Rebecca SCHINAGL (CALA)	(B)	(97) [27]	(11:05.74)	10:44.05	3.2	489 (505)	
Lap 1	00:35.74(35.74)	Lap 2	01:15.83(40.09)	Lap 3	01:55.77(39.94)	Lap 4	02:36.12(40.35)
Lap 5	03:16.49(40.37)	Lap 6	03:57.36(40.87)	Lap 7	04:37.98(40.62)	Lap 8	05:19.54(41.56)
Lap 9	06:01.25(41.71)	Lap 10	06:42.59(41.34)	Lap 11	07:23.98(41.39)	Lap 12	08:05.12(41.14)
Lap 13	08:45.56(40.44)	Lap 14	09:26.89(41.33)	Lap 15	10:06.73(39.84)	End	10:44.05(37.32)
19 Laura May BUCKLEY (WOWN)	(B)	(98) [31]	(11:50.00)	10:47.03	8.8	482 (496)	
Lap 1	00:36.32(36.32)	Lap 2	01:16.45(40.13)	Lap 3	01:56.84(40.39)	Lap 4	02:37.83(40.99)
Lap 5	03:18.87(41.04)	Lap 6	03:59.14(40.27)	Lap 7	04:40.51(41.37)	Lap 8	05:21.24(40.73)
Lap 9	06:03.11(41.87)	Lap 10	06:44.48(41.37)	Lap 11	07:25.70(41.22)	Lap 12	08:06.24(40.54)
Lap 13	08:47.72(41.48)	Lap 14	09:28.30(40.58)	Lap 15	10:09.00(40.70)	End	10:47.03(38.03)
20 Hannah CLAY (RADM)	(C)	(97) [23]	(10:58.06)	10:47.11	1.6	482 (485)	
Lap 1	00:36.49(36.49)	Lap 2	01:16.49(40.00)	Lap 3	01:56.75(40.26)	Lap 4	02:37.11(40.36)
Lap 5	03:16.99(39.88)	Lap 6	03:57.81(40.82)	Lap 7	04:38.32(40.51)	Lap 8	05:20.92(42.60)
Lap 9	06:02.20(41.28)	Lap 10	06:45.13(42.93)	Lap 11	07:26.45(41.32)	Lap 12	08:08.27(41.82)
Lap 13	08:48.87(40.60)	Lap 14	09:29.88(41.01)	Lap 15	10:09.58(39.70)	End	10:47.11(37.53)
21 Victoria EGAN (CHSM)	(B)	(98) [26]	(11:05.33)	10:54.79	1.5	465 (479)	
Lap 1	00:36.04(36.04)	Lap 2	01:15.41(39.37)	Lap 3	01:55.94(40.53)	Lap 4	02:36.87(40.93)
Lap 5	03:17.17(40.30)	Lap 6	03:58.66(41.49)	Lap 7	04:40.63(41.97)	Lap 8	05:23.22(42.59)
Lap 9	06:04.08(40.86)	Lap 10	06:46.21(42.13)	Lap 11	07:27.54(41.33)	Lap 12	08:10.55(43.01)
Lap 13	08:51.75(41.20)	Lap 14	09:33.62(41.87)	Lap 15	10:14.93(41.31)	End	10:54.79(39.86)
22 Emma DUFF (CREN)	(B)	(98) [18]	(10:37.27)	10:57.60	-3.1	459 (473)	
Lap 1	00:35.51(35.51)	Lap 2	01:14.34(38.83)	Lap 3	01:54.61(40.27)	Lap 4	02:35.84(41.23)
Lap 5	03:17.65(41.81)	Lap 6	04:00.28(42.63)	Lap 7	04:41.20(40.92)	Lap 8	05:22.94(41.74)
Lap 9	06:05.90(42.96)	Lap 10	06:49.59(43.69)	Lap 11	07:32.40(42.81)	Lap 12	08:14.12(41.72)
Lap 13	08:56.79(42.67)	Lap 14	09:38.63(41.84)	Lap 15	10:19.78(41.15)	End	10:57.60(37.82)
23 Lucy-Faye STRIKE (APXM)	(B)	(99) [25]	(11:02.91)	11:02.63	0.0	448 (461)	
Lap 1	00:37.22(37.22)	Lap 2	01:17.38(40.16)	Lap 3	01:58.20(40.82)	Lap 4	02:39.78(41.58)
Lap 5	03:21.03(41.25)	Lap 6	04:02.66(41.63)	Lap 7	04:44.50(41.84)	Lap 8	05:26.66(42.16)
Lap 9	06:09.35(42.69)	Lap 10	06:52.23(42.88)	Lap 11	07:34.46(42.23)	Lap 12	08:16.69(42.23)
Lap 13	08:59.15(42.46)	Lap 14	09:41.23(42.08)	Lap 15	10:22.80(41.57)	End	11:02.63(39.83)
24 Mary YOXALL (HERM)	(B)	(98) [28]	(11:17.22)	11:07.82	1.3	437 (450)	
Lap 1	00:35.71(35.71)	Lap 2	01:16.42(40.71)	Lap 3	01:58.49(42.07)	Lap 4	02:40.40(41.91)
Lap 5	03:22.08(41.68)	Lap 6	04:03.56(41.48)	Lap 7	04:44.31(40.75)	Lap 8	05:23.43(39.12)
Lap 9	06:11.45(48.02)	Lap 10	06:52.68(41.23)	Lap 11	07:35.65(42.97)	Lap 12	08:19.53(43.88)
Lap 13	09:02.48(42.95)	Lap 14	09:47.30(44.82)	Lap 15	10:26.57(39.27)	End	11:07.82(41.25)
25 Grace OCKWELL (BEKS)	(B)	(97) [30]	(11:48.21)	11:13.37	4.9	426 (440)	
Lap 1	00:38.48(38.48)	Lap 2	01:20.61(42.13)	Lap 3	02:03.78(43.17)	Lap 4	02:46.86(43.08)
Lap 5	03:30.63(43.77)	Lap 6	04:13.92(43.29)	Lap 7	04:56.86(42.94)	Lap 8	05:39.56(42.70)
Lap 9	06:22.49(42.93)	Lap 10	07:04.95(42.46)	Lap 11	07:48.13(43.18)	Lap 12	08:30.20(42.07)
Lap 13	09:11.85(41.65)	Lap 14	09:55.19(43.34)	Lap 15	10:37.82(42.63)	End	11:13.37(35.55)



**City of Birmingham Open 2010 at Stechford Cascades Birmingham**  
**RESULTS (T/T=Time Trial, DNS= Did not swim, DSQ=Disqualified)**

26 Grace FARR (CREN)	(A)	(99) [20]	(10:45.11)	11:17.12	-4.9	419 (504)
Lap 1 00:37.57(37.57)	Lap 2 01:18.81(41.24)	Lap 3 02:00.35(41.54)	Lap 4 02:42.52(42.17)			
Lap 5 03:25.48(42.96)	Lap 6 04:08.54(43.06)	Lap 7 04:51.98(43.44)	Lap 8 05:35.24(43.26)			
Lap 9 06:18.33(43.09)	Lap 10 07:01.44(43.11)	Lap 11 07:44.79(43.35)	Lap 12 08:28.44(43.65)			
Lap 13 09:11.27(42.83)	Lap 14 09:54.69(43.42)	Lap 15 10:37.12(42.43)	End 11:17.12(40.00)			
27 Leanne GOODLAD (COVM)	(B)	(98) [32]	(11:52.20)	11:26.30	3.6	401 (413)
Lap 1 00:36.94(36.94)	Lap 2 01:19.55(42.61)	Lap 3 02:03.05(43.50)	Lap 4 02:46.09(43.04)			
Lap 5 03:29.22(43.13)	Lap 6 04:12.46(43.24)	Lap 7 04:56.16(43.70)	Lap 8 05:39.65(43.49)			
Lap 9 06:23.22(43.57)	Lap 10 07:05.24(42.02)	Lap 11 07:48.89(43.65)	Lap 12 08:33.19(44.30)			
Lap 13 09:17.27(44.08)	Lap 14 10:01.84(44.57)	Lap 15 10:45.42(43.58)	End 11:26.30(40.88)			
28 Francesca DANIELS (WORM)	(B)	(98) [29]	(11:45.51)	11:32.54	1.8	390 (402)
Lap 1 00:38.91(38.91)	Lap 2 01:22.09(43.18)	Lap 3 02:06.23(44.14)	Lap 4 02:50.14(43.91)			
Lap 5 03:34.68(44.54)	Lap 6 04:18.64(43.96)	Lap 7 05:02.29(43.65)	Lap 8 05:46.87(44.58)			
Lap 9 06:30.71(43.84)	Lap 10 07:14.56(43.85)	Lap 11 07:58.91(44.35)	Lap 12 08:42.74(43.83)			
Lap 13 09:26.04(43.30)	Lap 14 10:08.42(42.38)	Lap 15 10:51.60(43.18)	End 11:32.54(40.94)			Correct
29 Laurie BENNETT (FOXM)	(B)	(99) [33]	(12:04.17)	11:56.70	1.0	348 (358)
Lap 1 00:40.33(40.33)	Lap 2 01:27.22(46.89)	Lap 3 02:15.17(47.95)	Lap 4 03:02.28(47.11)			
Lap 5 03:50.71(48.43)	Lap 6 05:25.79(95.08)	Lap 7 06:14.93(49.14)	Lap 8 07:50.09(95.16)			
Lap 9 08:41.17(51.08)	Lap 10 09:30.68(49.51)	Lap 11 10:19.92(49.24)	Lap 13 11:08.47(48.55)			
Lap 15 11:54.55(46.08)	End 11:56.70(2.15)					
30 Siobhan HARRISON (WOWN)	(A)	(99) [34]	(12:58.40)	12:02.74	7.1	338 (406)
Lap 1 00:42.59(42.59)	Lap 2 01:29.34(46.75)	Lap 3 02:17.08(47.74)	Lap 4 03:03.97(46.89)			
Lap 5 03:51.63(47.66)	Lap 6 04:39.98(48.35)	Lap 7 05:28.71(48.73)	Lap 8 06:17.26(48.55)			
Lap 9 07:04.35(47.09)	Lap 10 07:53.45(49.10)	Lap 11 08:44.80(51.35)	Lap 12 09:31.58(46.78)			
Lap 13 10:20.18(48.60)	Lap 14 11:08.26(48.08)	Lap 15 11:55.18(46.92)	End 12:02.74(7.56)			
Zoe CARROLL (WOWN)	(C)	(96) [13]	(10:04.78)	DSQ		Did not finish
Lap 1 00:33.03(33.03)	Lap 2 01:09.40(36.37)	Lap 3 01:47.14(37.74)	Lap 4 02:25.00(37.86)			
Lap 5 03:03.13(38.13)	Lap 6 03:43.80(40.67)					

**Event 12: 800m Freestyle, Female, All Ages, HDW Level 3, 02/04/2010**

Place	Name	Band	YOB	Comp. No	Entered at	Time set	Change%	GB/BAG pts
<b>Overall Result</b>								
1	Nicole PULLEN (KILS)	(C)	(94)	[2]	(10:52.87)	11:05.45	-1.9	442
	Lap 1 00:36.35(36.35)	Lap 2 01:16.27(39.92)	Lap 3 01:57.24(40.97)	Lap 4 02:38.67(41.43)				
	Lap 5 03:20.41(41.74)	Lap 6 04:01.99(41.58)	Lap 7 04:43.94(41.95)	Lap 8 05:25.97(42.03)				
	Lap 9 06:08.12(42.15)	Lap 10 06:50.95(42.83)	Lap 11 07:32.96(42.01)	Lap 12 08:15.74(42.78)				
	Lap 13 08:58.06(42.32)	Lap 14 09:40.66(42.60)	Lap 15 10:22.69(42.03)	End 11:05.45(42.76)				
2	Bobbi SHERRATT (APXM)	(C)	(93)	[1]	(10:50.00)	11:33.56	-6.7	388
	Lap 1 00:36.69(36.69)	Lap 2 01:16.69(40.00)	Lap 3 01:58.02(41.33)	Lap 4 02:40.15(42.13)				
	Lap 5 03:23.23(43.08)	Lap 6 04:06.39(43.16)	Lap 7 04:49.99(43.60)	Lap 8 05:34.41(44.42)				
	Lap 9 06:18.96(44.55)	Lap 10 07:03.86(44.90)	Lap 11 07:49.11(45.25)	Lap 12 08:33.99(44.88)				
	Lap 13 09:19.63(45.64)	Lap 14 10:04.91(45.28)	Lap 15 10:50.49(45.58)	End 11:33.56(43.07)				